

# **Student Resource Guide**

**2020**



**Indigenous Studies Program**

**A Note from the Editor:**

Hello Indigenous Studies students,

Welcome to the 2020 Indigenous Studies Resource Guide. Here you will find information and tips about living in Lawrence and attending the University of Kansas. We have included campus resources, recreation options, eateries, health centers, housing and much more.

The guide was first developed four years ago. The editors made an effort to keep most of the listed resources within our city. However, if you want or need to venture outside of Lawrence, Topeka and Kansas City are within driving distance. Each city offers attractions such as shopping, events, and additional social services.

This information is up to date as of March 2020. However, the COVID-19 pandemic has limited the hours or caused some businesses and services to temporarily close during the Stay at Home Order. If you discover incorrect information or want to suggest additions, please contact Brandy Ernzen, program coordinator.

Many of the entries are the result of positive online or student reviews, but may not be comprehensive. No business or service sponsored their inclusion. We hope the guide being advertisement-free means it is a trustworthy reference.

Thank you to Jessica Young for creating the guide and former student employees for serving as editors.

We hope you find this guide a useful tool while moving to Lawrence and getting acquainted with KU. Best of luck starting your new journey. We cannot wait to have you in the program!

All the best,

Brandy

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# UNIVERSITY RESOURCES

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## Getting Started

### **KU Card Center** [kucard.ku.edu](http://kucard.ku.edu)

Kansas Union, Level 4

1301 Jayhawk Blvd.

(785) 864-5845

[kucard@ku.edu](mailto:kucard@ku.edu)

Hours: Mon.-Fri.: 8 a.m. – 4:30 p.m.

Services: Student ID Cards, Beak 'Em Bucks (money on ID card, can be used on campus and select off-campus locations)

### **Graduate Studies** [graduate.ku.edu](http://graduate.ku.edu)

213 Strong Hall

1450 Jayhawk Blvd.

(785) 864-8040

[graduate@ku.edu](mailto:graduate@ku.edu)

Services: Calendars, Graduate Catalog, Thesis and Dissertation Info, GTA/GRA/GA Info, Professional Development, Campus and Community Resources Info

### **Registrar** [registrar.ku.edu](http://registrar.ku.edu)

Office of the University Registrar

KU Visitor Center

1502 Iowa St.

(785) 864-4423

[registrar@ku.edu](mailto:registrar@ku.edu)

Hours: Mon.-Fri.: 8 a.m. – 5 p.m.

Services: Academic Calendar, Enrollment, Transcripts, Tuition and Fees Info, Records, Graduation Info

### **Student Accounts & Receivables** [student-account-services.ku.edu](http://student-account-services.ku.edu)

Carruth O'Leary Hall, Room I

1246 West Campus Road

(785) 864-3322

[stu.account@ku.edu](mailto:stu.account@ku.edu)

Hours: Mon.-Fri.: 8 a.m. – 5 p.m.; Thur.: 9:30 a.m. – 5 p.m.

The cashier is open Mon.-Fri.: 8 a.m. – 4 p.m.; Thur.: 9:30 a.m. – 4 p.m.

Services: This office sends bills for tuition, required and optional campus fees, housing, and more. You can make payments online or set up tuition payment plans through them. SAR also processes refunds and handles 1098-T tax forms and holds/service indicators.

## **Financial Aid & Scholarships** [affordability.ku.edu](http://affordability.ku.edu)

KU Visitor Center

1502 Iowa St.

(785) 864-4700

[financialaid@ku.edu](mailto:financialaid@ku.edu)

Hours: Mon.-Fri.: 8 a.m. – 5 p.m.

FAFSA Code=001948

Services: Financial aid info, KU and external scholarships info, cost info, and more. To be eligible for financial aid (including loans, grants, scholarships and work-study), you must complete the FAFSA at [fafsa.gov](http://fafsa.gov) as soon as possible. Completing a FAFSA will NOT lock you in to loans, although that is one form of financial aid you may choose to accept. Completing the FAFSA may, however, potentially award you financial aid options that do not need to be repaid. [Work-Study](#) promotes part-time employment for financially eligible students, helping to avoid excessive debt while in school. If you receive Work-Study funds, you are responsible for finding your own job and meeting hiring requirements. Working at an hourly rate, you are allowed to earn the total Work-Study amount you have been awarded. Work-Study funds are disbursed on a regular basis through paychecks given from the employer. To check your eligibility for Federal Work-Study, sign in with your KU Online ID and complete this [form](#). Financial Aid will email you back with the amount you should be entitled to earn (if you qualify) through Work-Study.

## **KU Information Technology (IT)** [technology.ku.edu](http://technology.ku.edu)

Main Office

1001 Sunnyside Ave.

Walk-in Support

Anschutz Library, 3rd floor

1425 Jayhawk Blvd.

Same hours as phone support, except Monday-Thursday hours are 8 a.m. – 6 p.m.

(785) 864-8080

[itcsc@ku.edu](mailto:itcsc@ku.edu)

Hours: Mon.-Thur.: 8 a.m. – 8 p.m.; Fri.: 8 a.m. – 5 p.m.; Sat.: 10 a.m. – 6 p.m.; Sun.: 12 p.m. – 8 p.m.

Services: Accounts and Access, Computer Labs and Printing, Help, Support and Training, Audio and Video Services, Classroom and Department Technology (Blackboard), Email and Messaging, Security

*Free and discounted software for students*

## Transportation Services – Parking [parking.ku.edu](http://parking.ku.edu)

Allen Fieldhouse Garage, Level 3

1501 Irving Hill Rd.

(785) 864-7275

[kupark@ku.edu](mailto:kupark@ku.edu)

Hours: Mon.-Thur.: 7:30 a.m. – 5 p.m.; Fri.: 7:30 a.m. – 4:30 p.m.

Services: Parking Permits, Parking Lot Locations, Parking Tickets, Event Parking Info and Lot Closures. Can download the [ParkMobile app](#) to pay for parking at long-term meters on campus.

## Transportation Services – Buses, KU Bike Share and SafeRide [transportationservices.ku.edu](http://transportationservices.ku.edu)

**BUSES:** *Campus bus information and schedules at [lawrencetransit.org/routes/](http://lawrencetransit.org/routes/). KU students ride free on campus and throughout Lawrence with a valid student ID. **NOTE: The bus does not run on Sundays, and its schedule is reduced during breaks and in the summer.***

**SafeRide:** A student-sponsored transportation service that provides a safe ride home for KU students at night. A SafeRide driver will pick up passengers (whether at the library, a bar, work, etc.) and drive them home anywhere within city limits. Drivers will not take passengers to another bar.

KU students can schedule a ride using the SafeRide app or by calling 785-864-SAFE [7233]. Must have your KU ID on hand to use this service.

### [Hours](#)

Fall/spring semesters: 10:30 p.m. – 2:30 a.m., 7 days a week (except during class breaks and holidays)

Summer semester: Thur.-Sat.: 10:30 p.m. – 2:30 a.m., and on July 4

## International Support Services <https://iss.ku.edu/>

Strong Hall, Room 2

1450 Jayhawk Blvd.

(785) 864-3617

Emergency After-Hours Phone: (785) 380-8937

[iss@ku.edu](mailto:iss@ku.edu)

Hours: Mon.-Fri.: 8 a.m.-5 p.m.

International Support Services provides opportunities to increase student involvement on campus and in the community, educate students about resources on campus and how to maintain legal status while an international student.

Services: Activities and Community Involvement, Student Resources, Immigration Advising

## Student Access Services [access.ku.edu](http://access.ku.edu)

Strong Hall, Room 22

1450 Jayhawk Blvd.

(785) 864-4064

[achieve@ku.edu](mailto:achieve@ku.edu)

Hours: Mon.-Fri.: 8 a.m. – 5 p.m.

Services: Academic Accommodations, Assistive Technology, Housing Accommodations, Interpreter Services, Jaylift Paratransit

## Throughout the Semester

### Libraries [lib.ku.edu](http://lib.ku.edu)

#### **Watson Library (Main)**

1425 Jayhawk Blvd.

(785) 864-8983

Hours vary, generally 8 a.m. – 12 a.m. see [lib.ku.edu/locations/Watson#building](http://lib.ku.edu/locations/Watson#building)

Services: Computer Workstations, Scanners, Printers, Equipment Checkout (laptops, calculators, headphones, voice recorders), Group Study Rooms, Graduate Lounge, Writing Center, Studio K (A/V recording), Institute for Digital Research in the Humanities, Coffee Shop, Lactation Room, Reflection Room

#### **Anschutz Library**

1301 Hoch Auditoria Dr.

(785) 864-4928

Building Hours: Mon.-Thur.: 24 hours; Fri.: 12 a.m.-8 p.m.; Sat.: 10 a.m.-8 p.m.; Sun.: 10 a.m.-12 a.m. see [lib.ku.edu/locations/Anschutz](http://lib.ku.edu/locations/Anschutz)

Services: Computer Workstations, Scanners, Printers, Equipment Checkout (laptops, calculators, headphones, voice recorders), Group Study Rooms, Coffee Shop, KU Writing Center (Mon.-Fri.), IT Customer Service Center, Lactation Room, Reflection Room

#### **Kenneth Spencer Research Library** [spencer.lib.ku.edu/](http://spencer.lib.ku.edu/)

1450 Poplar Ln.

(785) 864-4334

[ksrhref@ku.edu](mailto:ksrhref@ku.edu)

Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 1 p.m.; Sun.: Closed

The Spencer Research Library is open to students and the general community, including genealogists, historic preservationists, city planners, journalists, writers, and scholars from around the world. Its collections include The Kansas Collection, the regional history division of KU's Libraries and houses the holdings related to Native tribes indigenous to what is now Kansas as well as information on tribes relocated to Kansas, the African American Experience, Douglas County Records, and Photographs,

Papers, and Records of Life in Kansas and the Great Plains; the University Archives; and special collections on Ancient and Medieval Manuscripts; Architecture; Economics; 18th-Century Collections; History of American Education; History of Science; Irish Collections; Latin America, Portugal, and Spain; 19th- and 20th-Century Literary Collections; Renaissance and Early Modern Imprints; Science Fiction Collections; and Voyages, Travels, Geography, Atlases, and Maps.

See [lib.ku.edu](http://lib.ku.edu) for locations and hours of other libraries

## **Writing Center** [writing.ku.edu](http://writing.ku.edu)

(785) 864-2399  
[writing@ku.edu](mailto:writing@ku.edu)

### **Anschutz Library** (4th Floor, Room 424)

1301 Hoch Auditoria Dr.  
Hours: Mon.-Thur.: 9 a.m. – 8 p.m. (Graduate Face-to-Face); Fri.: 9 a.m. – 5 p.m. (By Appointment or Drop-In)  
[Schedule an appointment](#)

\*Hours and locations may vary every semester\*

For more information on hours and locations, see <http://writing.ku.edu/hours-locations>.

Services: Graduate Writing Consultation (in-person appointments, feedback via email), Graduate Student Writing Groups, Dissertation/Thesis Group

## **KU Bookstore** [kubookstore.com](http://kubookstore.com)

Kansas Union, Level 2  
1301 Jayhawk Blvd.  
(785) 864-4640  
Hours: Mon.-Fri.: 8:30 a.m. – 5:30 p.m.; Sat.: 10 a.m. – 5 p.m.; Sun.: 12 p.m. – 5 p.m.

\*Hours may vary depending on day\*

## **Jayhawk Ink (Printing services)** [jayhawkink@ku.edu](mailto:jayhawkink@ku.edu)

Kansas Union, Level 2  
1301 Jayhawk Blvd.  
(785) 864-4431 (front desk)  
(785) 864-6348 (print area)  
Hours: Mon.-Thur.: 8:30 a.m. – 8 p.m.; Fri.: 8:30 a.m. – 5:30 p.m.; Sat.: 10 a.m. – 5 p.m.:

## **Hawk Shop (Convenience store)**



Kanas Union, Level 4  
 1301 Jayhawk Blvd.  
 (785) 864-4640  
 Hours: Mon.-Sat.: 7 a.m. – 11 p.m.; Sun.: 12 p.m. – 10 p.m.

### **College Office of Graduate Affairs Professional Development**

[cogaprofessional.ku.edu/getting-started](http://cogaprofessional.ku.edu/getting-started)

Strong Hall, Room 102  
 1450 Jayhawk Blvd.  
 Lawrence, KS 66045  
[kuprofdev@ku.edu](mailto:kuprofdev@ku.edu)

Services: Provides professional development workshops, career exploration tools (including within and beyond the academy), preparing for post-graduation job searches and interviews, monthly e-newsletter

**Campus Events Calendar** [calendar.ku.edu](http://calendar.ku.edu)

**Rock Chalk Central** (on-campus club listing) [rockchalkcentral.ku.edu/organizations](http://rockchalkcentral.ku.edu/organizations)

## **On-Campus Dining Options** [union.ku.edu/ku-dining-locations-and-hours](http://union.ku.edu/ku-dining-locations-and-hours)

*Options near Lippincott Hall:*

### **The Roasterie (Coffee; Kansas Union)**

Kansas Union, Floor 4  
 1301 Jayhawk Blvd.  
 (785) 864-8008  
 Hours: Mon.-Thur.: 7:30 a.m. – 6 p.m.; Fri.: 7:30 a.m. – 5 p.m.; Sat.: 9 a.m. – 3 p.m.

### **The Market (Food Court; Kansas Union)**

Kansas Union, Floor 3  
 1301 Jayhawk Blvd.  
 (785) 864-2412  
 Hours: Mon.-Thur.: 8 a.m. – 4 p.m.; Fri.: 8 a.m. – 3 p.m.

### **Watson Jay Break (Coffee, Snacks; Watson Library)**

Watson Library, Main Floor  
 1425 Jayhawk Blvd.

(785) 864-1937

Hours: Mon.-Thur.: 7:30 a.m. – 4 p.m.; Fri.: 7:30 a.m. – 3 p.m.

### **The Roasterie (Coffee; Wescoe Hall)**

1445 Jayhawk Blvd.

(785) 864-2496

Hours: Mon.-Fri.: 7:30 a.m. – 4 p.m.

### **The Underground & The Roasterie (Food Court, Coffee; Wescoe Hall)**

Wescoe Hall, Floor 1

1445 Jayhawk Blvd.

(785) 864-5022

Hours: Mon.-Fri.: 7:30 a.m. – 4 p.m.

### **Impromptu Café (Sit-down Restaurant; Kansas Union)**

Kansas Union, Floor 3

1301 Jayhawk Blvd.

(785) 864-8001

Hours: Mon.-Fri.: 11 a.m. – 2 p.m.

### **Veggie Lunch at ECM [ecmku.org/veggie-lunch](http://ecmku.org/veggie-lunch)**

Ecumenical Campus Ministries (across the street from the Mississippi Street parking garage)

1204 Oread Ave.

(785) 843-4933

[ECMATKU@gmail.com](mailto:ECMATKU@gmail.com)

Low cost vegan lunch each Thursday from 11:30 a.m. – 1:00 p.m. during KU class sessions.

## **Additional Programming, Reporting and Resources**

### **First Nations Student Association (FNSA) [facebook.com/FNSAatKU/](https://facebook.com/FNSAatKU/)**

The First Nations Student Association is dedicated to the academic and social success of each and every member of its club at the University of Kansas. We strive for excellence and the enhancement of cultural appropriation. Through education, we will be able to share our message with those old and young of our mission and commitment to our community, campus and our culture. Undergraduate and graduate students welcome.

### **Institutional Opportunity & Access [joa.ku.edu](http://joa.ku.edu)**

1082 Dole Human Development Center  
1000 Sunnyside Ave.  
(785) 864-6414  
[ioa@ku.edu](mailto:ioa@ku.edu)

The Office of Institutional Opportunity and Access (IOA) is responsible for administering the University of Kansas equal opportunity and non-discrimination policies and procedures, as well as encouraging a campus climate of respect and understanding of all aspects of the human experience. To that end, the IOA offers assistance and protective measures to students, faculty, and staff who report acts of harassment, discrimination, sexual misconduct, sexual violence, and retaliation; provides information about health, safety, advocacy, and support resources for members of the Lawrence and Edwards campuses; performs formal investigations to detect, discontinue, and prevent violations of the Non-Discrimination Policy and Sexual Harassment Policy; and ensures University compliance with state and federal civil rights laws. More on how IOA can assist: <http://ioa.ku.edu/how-ioa-can-help>.

Services: Discrimination Complaints, Title IX Coordinator, Sexual Violence Survivors Guide, Training

### **Office of Diversity and Equity** [diversity.ku.edu](http://diversity.ku.edu)

Strong Hall, Room 250  
1450 Jayhawk Blvd.  
(785) 864-4904  
[diversity@ku.edu](mailto:diversity@ku.edu)

Our office is committed to fostering diversity, equity, and inclusion practices and policies in classrooms, residence halls, social spaces, offices, laboratories, and every other place at KU where our students, faculty members, and staff live, work, research, and learn. This office is a link to KU's Diversity and Equity community of care – a resource that consists of a committed and caring team, KU partners, community services, and learning opportunities that value the link between our excellence and our rich and multifaceted cultures, backgrounds, and wonderful differences.

### **Office of Multicultural Affairs** [oma.ku.edu](http://oma.ku.edu)

Sabatini Multicultural Resource Center  
1299 Oread Ave.  
(785) 864-4350  
[oma@ku.edu](mailto:oma@ku.edu)

Services: Academic Enrichment Programs, Social Justice & Diversity Education, Hawk Link, Multicultural Graduation Awards

### **Emily Taylor Center for Women and Gender Equity** [emilytaylorcenter.ku.edu](http://emilytaylorcenter.ku.edu)

Burge Union, Suite 1040  
1565 Irving Hill Rd.  
(785) 864-3552

[emilytaylorcenter@ku.edu](mailto:emilytaylorcenter@ku.edu)

Services: Special Interest Groups Related to Gender Equity, Campus Presentations, Workshops (Self-Defense), Directory of Campus and Community Women's Organizations, Consultation/Safe Space for Talking, Scholarships & Aid

**The Center for Sexuality and Gender Diversity (SGD)** <https://sgd.ku.edu/>

Kansas Union, Room 400  
1450 Jayhawk Blvd.  
(785) 864-4256  
[sgd@ku.edu](mailto:sgd@ku.edu)

Services: Fosters an inclusive campus community by providing social justice-based education, resources, programming, and support for students, staff and faculty across the spectrums of gender and sexuality, with an emphasis on intersectional experiences. The Center is also a physical lounge space for our LGBTQIA+ students, staff, and faculty to feel safe and respected on the KU campus in Lawrence. The Center is open to come study, hang out, and connect to our smart TV for academic or recreational purposes.

**Lt. Gen. William K. Jones Military-Affiliated Student Center** [veterans.ku.edu/](http://veterans.ku.edu/)

Summerfield Hall, Room 345  
1300 Sunnyside Ave.  
(785) 864-2458  
[veterans@ku.edu](mailto:veterans@ku.edu)

Hours: Mon.-Fri.: 8 a.m. – 5 p.m.

KU's centralized resource for the military-affiliated community. Provides services to discharged and retired veterans; active duty military; members of the National Guard and Reserves; ROTC cadets; spouses and dependents of military and veterans. Can also serve as a liaison with the U.S. Department of Veterans Affairs to help students understand how to apply for and receive educational benefits.

**Hall Center for the Humanities** [hallcenter.ku.edu](http://hallcenter.ku.edu)

900 Sunnyside Ave.  
(785) 864-4798  
[hallcenter@ku.edu](mailto:hallcenter@ku.edu)

The Hall Center for the Humanities supports, creates, and disseminates research in the Humanities; provides an intellectual hub for scholars and students in the Humanities, Arts, and humanistic Social Sciences; and fosters interdisciplinary conversation across the university. Through its public programming, the Hall Center makes visible the significance and continued relevance of Humanities research, engaging diverse communities across the state in dialogue about local, national, and global issues that Humanities research addresses

Services: Lectures, Workshops, Scholarships, Applied Humanities Initiative

**The Commons** [thecommons.ku.edu](http://thecommons.ku.edu)

Spooner Hall  
 1340 Jayhawk Blvd.  
 (785) 864-6293  
[thecommons@ku.edu](mailto:thecommons@ku.edu)

The Commons seeks to bring together scholars and students from the sciences, humanities and arts to explore the reciprocal relationships between natural and cultural systems.

Services: Programs, Starter Grants (collaborative, interdisciplinary research)

**Ombuds Office** [ombuds.ku.edu](http://ombuds.ku.edu)

Carruth O'Leary Hall, Room 36  
 1246 W. Campus Rd.  
 (785) 864-7261  
[ombuds@ku.edu](mailto:ombuds@ku.edu)

Services: Course Management Issues (grade issues, academic misconduct, exam policies, etc.), Dispute with University Unit, Staff, or Faculty Resolution, On-Campus Work Issues, Conflicts with Advisors, Policy Consultations, Help Navigating University Bureaucracy, Bullying/Incivility Consultation, Conflict Coaching, Harassment and Discrimination Consultation, Health and Safety Issues

**Student Money Management Services** [money.ku.edu](http://money.ku.edu)

Summerfield Hall, Suit 350G  
 1300 Sunnyside Ave.  
 (785) 864-1182  
[money@ku.edu](mailto:money@ku.edu)

Hours: Mon.-Fri.: 8:30 a.m. – 4:30 p.m. (alternate hours and Skype consultations available by appointment)

Services: Consultations, Information (income and financial aid, checking and savings, cash management, credit cards, credit history)

Can make appointments online or Skype upon request

## On-Campus Museums

**KU Biodiversity Institute and Natural History Museum** [biodiversity.ku.edu](http://biodiversity.ku.edu)

Dyche Hall  
 1345 Jayhawk Blvd.  
 (785) 864-4450

[biodiversity@ku.edu](mailto:biodiversity@ku.edu)

Hours: Tues.-Sat.: 9 a.m. – 5 p.m.; Sun.: 12 p.m. – 4 p.m.

**Spencer Museum of Art** [spencerart.ku.edu](http://spencerart.ku.edu)

1301 Mississippi St.

(785) 864-4710

[spencerart@ku.edu](mailto:spencerart@ku.edu)

Hours: Tues: 10 a.m. – 4 p.m.; Wed.-Thur.: 10 a.m. – 8 p.m.; Fri.-Sat.: 10 a.m. – 4 p.m.; Sun.: 12 p.m. – 4 p.m.

**Booth Family Hall of Athletics** <https://kuathletics.com/facilities/the-booth-family-hall-of-athletics/>

1651 Naismith Dr.

(785) 864-7050

Hours: Mon.-Sat.: 10 a.m. – 5 p.m. (check website as special hours apply on home basketball game days)

**The DeBruce Center** [debrucecenter.ku.edu](http://debrucecenter.ku.edu)

1647 Naismith Dr.

(785) 864-9750

[debrucecenter@ku.edu](mailto:debrucecenter@ku.edu)

Hours: Mon.-Sat.: 10 a.m. – 5 p.m.

The Rules of Basketball Gallery, dining options (see website as they have different hours than the building)

**Robert J. Dole Institute of Politics** [doleinstitute.org](http://doleinstitute.org)

2350 Petefish Dr.

(785) 864-4900

[doleinstitute@ku.edu](mailto:doleinstitute@ku.edu)

Hours: Mon.-Sat.: 9 a.m. – 5 p.m.; Sun.: 12 p.m. – 5 p.m.

**Wilcox Classical Museum** [wilcox.ku.edu](http://wilcox.ku.edu)

Lippincott Hall, Room 103

1410 Jayhawk Blvd.

(785) 864-3153 (Classics Department)

[wilcox@ku.edu](mailto:wilcox@ku.edu)

Hours: Mon.-Thur.: 10 a.m. – 4 p.m.; Fri.: 10 a.m.-2 p.m.

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# HEALTH

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## On Campus

### **Watkins Health Services** [studenthealth.ku.edu](http://studenthealth.ku.edu)

1200 Schwegler Dr.

(785) 864-9500

[whs-services@ku.edu](mailto:whs-services@ku.edu)

Hours: Mon.-Fri.: 8 a.m. – 5 p.m.; Sat.: 12 p.m. – 4 p.m.

WHS primarily exists to provide healthcare to currently enrolled KU students. However, past students may be seen up to 90 days after their last date of enrollment. Only currently enrolled students are eligible to receive services at reduced “Health Fee-Paid” rates. WHS also provides services to KU faculty and staff.

The spouse or domestic partner of a currently enrolled KU student is eligible for the same healthcare services at WHS. Required protocol:

- The student must accompany the spouse/domestic partner on the initial visit AND both must go to the WHS Business Office to complete this form for the official record.
- The student must accept financial responsibility for all services provided to the spouse/domestic partner by using the [Spouse - Domestic Partner Guarantor Form](#) (PDF).
- The services for the spouse/domestic partner will be charged at our Non-Health Fee rates.

Every student at KU pays a health fee each semester as part of the mandatory campus fees. It is not optional. The health fee entitles the student to be seen by WHS providers at no charge for the office visit including no co-pay. However, if the provider orders lab tests, X-rays, medications, athletic training services or performs procedures (e.g. a mole removal) or performs extensive physical exams (e.g. for the Peace Corp), there are charges for those services. Students receive a reduced rate for those charges which are very often well below the local market. The health fee itself does NOT constitute any type of health care insurance.

Services: General Medicine Clinic, Pharmacy, Gynecology, Massage Therapy, Allergy Clinic, Immunizations, STI/HIV Testing, Physical Therapy

### **Counseling and Psychological Services (CAPS)** [caps.ku.edu](http://caps.ku.edu)

1200 Schwegler Dr., Room 2100

(785) 864-2277

Hours: Mon.-Fri.: 8 a.m. – 5 p.m.

Services: Psychological counseling for students, including help with issues related to adjusting to college and other psychological, interpersonal, and family issues. Individual and group sessions are available. The fee schedule is at <http://caps.ku.edu/fees/>

**NOTE FOR INDIGENOUS STUDENTS:** The IHS clinic at Haskell offers therapy services to individuals provided by licensed clinical social workers, and they have a substance abuse counselor. IHS

has a psychiatric APRN on staff, but not a psychiatrist. They also do not have therapy groups at this time. Students who are eligible to receive IHS services can obtain therapy and meds (if needed) at the Haskell IHS clinic should they want to. ANY student is welcome to use CAPS. CAPS bills all students the standard student fees.

### **University of Kansas Recreation Services** [recreation.ku.edu](http://recreation.ku.edu)

Ambler Student Recreation Fitness Center

1740 Watkins Center Dr.

(785) 864-3546

[recreation@ku.edu](mailto:recreation@ku.edu)

Spring 2019 Hours: Mon.-Thur.: 5:30 a.m. – 12 a.m.; Fri.: 5:30 a.m. – 10 p.m.; Sat.: 9 a.m. – 10 p.m.; Sun.: 9 a.m. – 12 a.m. (schedule changes based on whether school is in session)

KU students can use Ambler for free with their KU Student ID. You must present the ID each time you go.

Services: Workout Facilities/Equipment, Recreation Equipment Checkout, Courts (tennis, basketball, sand volleyball), Indoor Swimming Facility, Climbing Wall, Intramurals

Robinson Center (indoor swimming and basketball courts) [recreation.ku.edu/robinson-center](http://recreation.ku.edu/robinson-center)  
Intersection of Naismith Dr. and Sunnyside Ave.

The indoor pool, tennis courts, racquetball courts, and outdoor sand volleyball courts are available for student use on a first come, first served basis. These facilities are free for students with a valid KU Student ID. You must present the ID each time you go.

## **Off Campus: Physical Health**

**Haskell Indian Health Center (HIS)** [ihs.gov/oklahomacity/healthcarefacilities/haskell/](http://ihs.gov/oklahomacity/healthcarefacilities/haskell/)

2415 Massachusetts St.

(785) 843-3750

Hours: Mon.-Fri.: 7:30 a.m. – 4:30 p.m.

Services: Dental, Medical, Pediatrics, Diabetes Prevention Program, Nursing, Pharmacy, Lab, Nutrition, Special Diabetes Program for Indians

**LMH Health** [lmh.org](http://lmh.org)

325 Maine St.

(785) 505-5000

Hours: Emergency Room 24/7



Services: Emergency Room, Cardiology, Neurology, Primary Care, Pulmonology, Women's Health, Nephrology, Wellness Resources, Find a Provider

**Lawrence-Douglas County Health Department** [ldchealth.org](http://ldchealth.org)

200 Maine St.

(785) 843-3060

Office Hours: Mon.-Fri.: 8:30 a.m. – 5 p.m. (closed daily noon to 1 p.m.)

Clinic Hours: Mon.: 10 a.m. – 7 p.m.; Tues., Thur., Fri.: 10 a.m. – 5 p.m.; Wed.: 10 a.m. – 6 p.m.

Services: Clinic — Family Planning, Immunizations, STD/HIV Testing and Counseling, Education, Public Preparedness

**Douglas County Dental Clinic** [dcdclinic.org](http://dcdclinic.org) (see restrictions at [dcdclinic.org/new-patients.html](http://dcdclinic.org/new-patients.html))

2210 Yale Rd.

(785) 312-7770

[frontdesk@dcdclinic.org](mailto:frontdesk@dcdclinic.org)

Hours: Mon.: 8 a.m. – 5 p.m.; Tues. 8 a.m. – 6 p.m.; Wed-Thurs.: 8 a.m. – 5 p.m. Fri.: 8 a.m. – 4 p.m.

Services: Examinations, X-Rays, Cleanings, Fillings, Crowns, Some Extractions and Root Canals, Other Treatments

**Heartland Community Health Center** (discounts for uninsured patients subsisting below 200% of the federal poverty level) [heartlandhealth.org](http://heartlandhealth.org)

346 Maine St., Suite 150

(785) 841-7297

Hours: Mon.-Thur.: 8 a.m. – 7 p.m.; Fri.: 8 a.m. – 5 p.m.

Services: Primary Medical Care Clinic, Psychiatry/Mental Health Care, Women's Health Early Detection Clinic, Diabetes Care and Prevention, Wellness, Dental Care, Physical Therapy, Smoking Cessation, Medication Assistance Program, Food Pantry, Rent & Utility Assistance

**MedExpress Urgent Care** [medexpress.com/local-centers/Kansas/Lawrence.aspx](http://medexpress.com/local-centers/Kansas/Lawrence.aspx)

3420 W. 6th St.

(785) 841-3123

Hours: Daily, 8 a.m. – 8 p.m.

**Criticare Home Health Services** (medical supply store) [criticarehhs.com](http://criticarehhs.com)

1006 W. 6th St.

(785) 749-4878

[criticare@criticarehhs.com](mailto:criticare@criticarehhs.com)

Hours: Mon.-Fri.: 8 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Equipment: Wheelchairs/Scooters, TENS Units and Supplies, Walking Aids, Compression Devices, Aids to Daily Living, Orthopedic Supports, General Medical Supplies

### **Planned Parenthood**

[plannedparenthood.org/health-center/Kansas/overland-park/66211/comprehensive-health-center-2594-90740](http://plannedparenthood.org/health-center/Kansas/overland-park/66211/comprehensive-health-center-2594-90740)

4401 W. 109th St., #100  
Overland Park, KS 66211  
(913) 345-1400

Hours: Mon., Tues., Thur., Fri.: 8:30 a.m. – 5 p.m.; Wed.: 9 a.m. – 5 p.m.; Sat.: 7:30 a.m. – 12 p.m.

Services: Birth Control, HIV Testing, Men's Health Care, Emergency Contraception (Morning-After Pill), Abortion Services, Pregnancy Testing and Services, STD Testing and Treatment, Women's Health Care

### **PromptCare** [promptcareks.com/](http://promptcareks.com/)

3511 Clinton Pl.  
(785) 838-1500

Mon.-Fri.: 8 a.m.-8 p.m.; Sat.-Sun.: 11 a.m.-4 p.m.

## **Off-Campus Pharmacies**

### **CVS** [cvs.com](http://cvs.com)

2300 Iowa St.  
(785) 832-1112

Store Hours: Daily, 8 a.m. – 10 p.m.

Pharmacy Hours: Mon.-Fri.: 8 a.m. – 9 p.m.; Sat.: 9 a.m. – 6 p.m.; Sun.: 10 a.m. – 6 p.m.

4841 Bauer Farm Dr.  
(785) 840-9381

Store Hours: Daily, 8 a.m. – 9 p.m.

Pharmacy Hours: Mon.-Fri.: 9 a.m. – 8 p.m.; Sat.: 9 a.m. – 5 p.m.; Sun.: 10 a.m. – 5p.m.

### **Dillons Pharmacy** [dillons.com](http://dillons.com)

1740 Massachusetts St.  
(785) 842-2434

Store Hours: Daily, 6 a.m. – 12 a.m.

Pharmacy Hours: Mon.-Fri.: 9 a.m. – 9 p.m.; Sat.: 9 a.m. – 6 p.m.; Sun.: 11 a.m. – 6 p.m.

3000 W. 6th St.

(785) 843-0847

Store Hours: Daily, 6 a.m. – 1 a.m.

Pharmacy Hours: Mon.-Fri.: 9 a.m. – 9 p.m.; Sat.: 9 a.m. – 6 p.m.; Sun.: 11 a.m. – 6 p.m.

1015 W. 23rd St.

(785) 841-5110

Store Hours: Daily, 6 a.m. – 12 a.m.

Pharmacy Hours: Mon.-Fri.: 9 a.m. – 9 p.m.; Sat.: 9 a.m. – 6 p.m.; Sun.: 11 a.m. – 6 p.m.

4701 W. 6th St.

(785) 838-0110

Store Hours: Daily, 6 a.m. – 12 a.m.

Pharmacy Hours: Mon.-Fri.: 9 a.m. – 9 p.m.; Sat.: 10 a.m. – 6 p.m.; Sun.: 11 a.m. – 6 p.m.

### **Hy-Vee Pharmacy** [hy-vee.com](http://hy-vee.com)

3504 Clinton Parkway

Main: (785) 832-0044

Pharmacy: (785) 832-0110

Store Hours: 24/7

Pharmacy Hours: Mon.-Fri.: 7 a.m. – 9 p.m.; Sat.-Sun.: 9 a.m. – 5 p.m.

\*hours vary on holidays\*

### **Target (CVS Pharmacy)** [target.com](http://target.com)

3201 S. Iowa St.

(785) 832-0312

Store Hours: Mon.-Thur.: 7 a.m. – 10 p.m.; Fri.-Sun.: 7 a.m. – 11 p.m.

Pharmacy Hours: Mon.-Fri.: 9 a.m. – 7 p.m.; Sat.: 9 a.m. – 5 p.m.; Sun.: 11 a.m. – 5 p.m.

### **Walgreens** [walgreens.com](http://walgreens.com)

400 W. 23rd St.

(785) 832-8388

Store Hours: Daily, 7 a.m. – 12 a.m.

Pharmacy Hours: Mon.-Fri.: 8 a.m. – 10 p.m.; Sat.: 9 a.m. – 6 p.m.; Sun.: 10 a.m. – 6 p.m.

3421 W. 6th St.

(785) 841-9000

Store Hours: 24/7

Pharmacy: 24/7

### **Walmart Pharmacy** [walmart.com](http://walmart.com)

3300 Iowa St.

(785) 842-0177

Store Hours: 24/7

Pharmacy Hours: Mon.-Fri.: 9 a.m. – 9 p.m.; Sat.: 9 a.m. – 7 p.m.; Sun.: 10 a.m. – 6 p.m.

550 Congressional Dr.

(785) 841-1718

Store Hours: 24/7

Pharmacy Hours: Mon.-Fri.: 8 a.m. – 9 p.m.; Sat.: 9 a.m. – 7 p.m.; Sun.: 10 a.m. – 6 p.m.

## Off-Campus Mental Health

### Headquarters Counseling Center [headquarterscounselingcenter.org](http://headquarterscounselingcenter.org)

211 E. 8th St., Suite C

Administrative Line: (785) 841-9900

Walk-In Counseling Hours: Mon.-Fri.: 8 a.m. – 4 p.m. (Please call before arriving to make sure a counselor will be available.)

Ongoing Counseling: Provided by master's-level social work students; \$10 per session regardless of insurance coverage. Contact Kristin Vernon at [kristin@headquarterscounselingcenter.org](mailto:kristin@headquarterscounselingcenter.org) to schedule an appointment.

Services: Local Suicide Prevention Lifeline, Counseling

### Bert Nash Community Mental Health Center [bertnash.org](http://bertnash.org)

200 Maine St.

(785) 843-9192 (24/7 hotline)

Hours, by Appointment: Mon.-Thur.: 7:30 a.m. – 7 p.m.; Fri.: 9 a.m. – 5 p.m.

Services: Outpatient Therapy (individual and group), Mental Health First Aid Classes

### Suicide Prevention Line for Kansas – in Lawrence

(785) 841-2345 (answered 24/7)

### National Suicide Prevention Line

(800) 273-8255 (answered 24/7)

### Crisis Textline [crisistextline.org](http://crisistextline.org)

Text HOME to 741741

Available 24/7 in U.S.

A live, trained counselor will respond

They do not charge texters; if your phone plan is with AT&T, T-Mobile, Sprint, or Verizon, it is free. If service is provided by AT&T, T-Mobile, Sprint, or Verizon it will not appear on your cell phone bill. If using other carriers, standard data rates may apply. Can also contact them through Facebook Messenger at <https://www.facebook.com/crisistextline>.

### **The Sexual Trauma and Abuse Care Center** [stacarecenter.org](http://stacarecenter.org)

708 W. 9th St., Suite 105

(785) 843-8985

[support@stacarecenter.org](mailto:support@stacarecenter.org)

Office hours: Mon.-Fri.: 9 a.m. – 5 p.m.

Phone hours: Daily, 24/7

Services: Counseling and Support Groups, 24/7 Advocacy and Response, Education. Walk-ins welcome.

### **Rape, Abuse, & Incest National Network — National Sexual Assault Hotline**

<https://www.rainn.org/>

(800) 656-HOPE (4673)

### **Rape, Abuse & Incest National Network — Live Chat** [online.rainn.org](http://online.rainn.org)

## COMMUNITY RESOURCES

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### **Cultural Resources**

#### **Lawrence Public Library** [lawrence.lib.ks.us](http://lawrence.lib.ks.us)

707 Vermont St.

(785) 843-3833

Hours: Mon.-Thur.: 9 a.m. – 9 p.m.; Fri.: 9 a.m. – 7 p.m.; Sat.: 9 a.m. – 6 p.m.; Sun.: 12 p.m. – 6 p.m.

Services: Interlibrary Loan, Community Events and Speakers, Computers and Printers (fee for printing), Study Rooms, Business Services (fax, print, copy), Genealogy and Local History Room, Audio/Visual Recording Studio and Editing Bays, and more.

## **Lawrence Arts Center** [lawrenceartscenter.org](http://lawrenceartscenter.org)

940 New Hampshire St.

(785) 843-2787

Arts Center Hours: Daily: 9 a.m. – 9 p.m.

Galleries Hours: Daily: 9 a.m. – 9 p.m.; Sun.: 1 p.m. – 9 p.m.

## **Lied Center** (KU's performing arts center) [lied.ku.edu](http://lied.ku.edu)

1600 Stewart Dr.

Ticket Office: (785) 864-2787

Ticket Office Hours: Mon.-Fri.: 11 a.m. – 6 p.m.

Administrative Office: (785) 864-3469

Administrative Office Hours: Mon.-Fri.: 8 a.m. – 5 p.m.

[lied@ku.edu](mailto:lied@ku.edu)

KU students receive up to 50 percent off tickets. In addition, the KU Student Lied Center Performing Arts Pass is \$125 for all main stage performances in the Lied Center series.

## **Recreation Amenities**

### **City of Lawrence — Parks and Recreation** [lawrenceks.org/lprd](http://lawrenceks.org/lprd)

Services: Adult and Children's Sports Leagues and Recreational Classes, Parks and Trails, Eagle Bend Golf Course, Recreation Centers

### **Prairie Park Nature Center** [lawrenceks.org/lprd/ppnc](http://lawrenceks.org/lprd/ppnc)

2730 Harper St.

(785) 832-7980

Hours: Tues.-Sat.: 9 a.m. – 5 p.m.; Sun.: 1 p.m. – 4 p.m.

Hiking, Archery Classes (youth and adult), Fishing (nearby at Mary Lake), Geocaching, Dog-Friendly

### **Aquatics** [lawrenceks.org/lprd/aquatics](http://lawrenceks.org/lprd/aquatics)

### **Indoor Aquatic Center** [lawrenceks.org/lprd/aquatics/iac/](http://lawrenceks.org/lprd/aquatics/iac/)

4706 Overland Dr.

(785) 832-7946

Registration Hours: Mon.-Fri.: 8 a.m. – 5 p.m.

Lap Swimming: Mon.-Fri.: 5:15 a.m. – 8 p.m.; Sat.: 9 a.m. – 8 p.m.; Sun.: 1 p.m. – 6 p.m.

Waterslide & Diving Area: Mon.-Fri.: 6 p.m. – 7:45 p.m.; Sat.: 1 p.m. – 7:45 p.m.; Sun.: 1 p.m. – 5:45 p.m.

Warm Water Workouts: Mon.-Fri.: 12 p.m. – 2 p.m.

Zero Depth and Children's Area: Mon.-Fri.: 5 p.m. – 8 p.m.; Sat.: 1 p.m. – 8 p.m.; Sun.: 1 p.m. – 6 p.m.

Adult admission \$6; discount punch cards for \$45 and contain 10 punches (each equivalent to one daily admission); 30-day passes can be purchased for \$30 and annual passes for \$250

### **Outdoor Aquatic Center** [lawrenceks.org/lprd/aquatics/oac/](http://lawrenceks.org/lprd/aquatics/oac/)

727 Kentucky St.  
(785) 832-7990

Typically open from Memorial Day weekend to Labor Day  
For hours and additional information, check the website.

Adult admission \$6; discount punch cards for \$45 and contain 10 punches (each equivalent to one daily admission); 30-day passes can be purchased for \$30 and annual passes for \$250

### **South Park Wading Pool** [lawrenceks.org/lprd/aquatics/spwp/](http://lawrenceks.org/lprd/aquatics/spwp/)

1131 Massachusetts St.

Hours: Mon.-Fri.: 1:30 p.m. – 7 p.m.; Sat.: 1 p.m. – 6 p.m.  
Open June 3 – August 10

## ***Parks and Trails***

### **Broken Arrow Park** [lawrenceks.org/lprd/parks/brokenarrowpark/](http://lawrenceks.org/lprd/parks/brokenarrowpark/)

2800 Louisiana St.

Playground Equipment, Baseball/Softball Fields, Lighted Horseshoe Courts, Sand Volleyball Courts, Open Space, 3 Shelters for Rent

### **Centennial Park** [lawrenceks.org/lprd/parks/centennialpark/](http://lawrenceks.org/lprd/parks/centennialpark/)

600 Rockledge Rd.

18-Hole Disc Golf Course, Skate Park, Restrooms, Picnic Shelter, Playground Equipment, Gazebo, Open Areas for Multiple Use, 2 Shelters for Rent

### **Holcom Park** [lawrenceks.org/lprd/parks/holcompark/](http://lawrenceks.org/lprd/parks/holcompark/)

2601 W. 25th St.

Tennis Courts, Wall Handball Courts, Playground Equipment, Sand Volleyball Courts, Basketball Court, Bocce Ball Courts [equipment is available for checkout at the Recreation Center's front desk, call (785) 832-7940], Restroom Facilities, Indoor Recreation Center, Baseball Fields, 1 Shelter for Rent

**Prairie Park** [lawrenceks.org/lprd/parks/prairiepark/](http://lawrenceks.org/lprd/parks/prairiepark/)

2811 Kensington Rd.

Basketball Court, Playground Equipment, Restroom Facilities, Trails, Tennis Courts, Access to Mary's Lake

**South Park** [lawrenceks.org/lprd/parks/southpark/](http://lawrenceks.org/lprd/parks/southpark/)

1141 Massachusetts St.

Flower Gardens, Butterfly Garden, Playground Equipment, Wading Pool, Picnic Tables, 1 Gazebo for Rent

**Burcham Park** [lawrenceks.org/lprd/parks/burchampark/](http://lawrenceks.org/lprd/parks/burchampark/)

200 Indiana St.

Playground Equipment, Trail, Open Space, Restroom Facilities, 1 Shelter for Rent

**Clinton Lake Outlet Park** [lawrenceks.org/lprd/parks/clintonlakepark/](http://lawrenceks.org/lprd/parks/clintonlakepark/)

1316 E. 902 Rd.

Playground Equipment, Horseshoe Pit, Sand Volleyball Court, Open Space, 2 Shelters for Rent

**L.R. "Dad" Perry Park** [lawrenceks.org/lprd/parks/dadperrypark/](http://lawrenceks.org/lprd/parks/dadperrypark/)

1200 Monterey Way (western edge); Harvard &amp; Parkside roads (northern side)

Basketball Court, Playground Equipment, Sand Volleyball Court, Tennis Court, Access to Trail System, Restroom Facilities, Soccer Field, Open Area for Recreation, 2 Shelters for Rent

**Riverfront Park** [lawrenceks.org/lprd/parks/riverfrontpark/](http://lawrenceks.org/lprd/parks/riverfrontpark/)

Highways 24, 40, and 59, by the Kansas River

18-Hole Disc Golf Course, 10 Miles of Hike/Bike Trails, Off-leash Dog Park, 3 One-Lane Boat Ramps, Picnic Areas, River Outlook Areas

**Buford M. Watson Jr. Park** [lawrenceks.org/lprd/parks/watsonpark/](http://lawrenceks.org/lprd/parks/watsonpark/)

727 Kentucky St.

Basketball Court, Playground Equipment, Lawrence Outdoor Aquatic Center, 1 Gazebo for Rent

***Off-leash Dog Parks*****Mutt Run Park** [lawrenceks.org/lprd/recreationfacilities/muttrun/](http://lawrenceks.org/lprd/recreationfacilities/muttrun/)



1330 E. 902 Rd.  
30+ acre off-leash dog park

To access: Take Clinton Parkway west to the Clinton Dam Road, turn south on Dam Road and take the first left onto 902 Road. Follow 902 Road to the first left. The park is at the bend in the road that leads to the north side of the spillway.

### **Dog Park at Riverfront Park**

Intersection of North 2nd St. and Highways 24 and 40

See [lawrenceks.org/lprd/parks](http://lawrenceks.org/lprd/parks) for information on Lawrence's 25 neighborhood parks

See [lawrenceks.org/lprd](http://lawrenceks.org/lprd) for trails map

## **Recreation Centers**

### **Community Building** [lawrenceks.org/lprd/recreationfacilities/cb/](http://lawrenceks.org/lprd/recreationfacilities/cb/)

115 W. 11th St.  
(785) 832-7920

Facility Hours: Mon.-Fri.: 7 a.m. – 9 p.m.; Sat.: 10 a.m. – 6 p.m.; Sun.: 1 p.m. – 6 p.m.

Locker/Shower Facilities, Full-Size Gymnasium, Wellness/Weight Room with Cardio Equipment, Dance Studio, Meeting Rooms

### **East Lawrence Recreation Center** [lawrenceks.org/lprd/recreationfacilities/elrc/](http://lawrenceks.org/lprd/recreationfacilities/elrc/)

1245 E. 15th St.  
(785) 832-7950

Facility Hours: Mon.-Fri.: 7 a.m. – 9 p.m.; Sat.: 10 a.m. – 6 p.m.; Sun.: 1 p.m. – 6 p.m.

Full-Size Gymnasium, Locker/Shower Facilities, Game Area (Billiards, Foosball, Ping-Pong), Wellness/Weight Room with Cardio Equipment, Meeting Room

### **Holcom Park Recreation Center** [lawrenceks.org/lprd/recreationfacilities/hprc/](http://lawrenceks.org/lprd/recreationfacilities/hprc/)

2700 W. 27th St.  
(785) 832-7940

Hours: Mon.-Fri.: 7 a.m. – 9 p.m.; Sat.: 10 a.m. – 6 p.m.; Sun.: 1 p.m. – 6 p.m.

Full-Size Gymnasium, Combination Racquetball/Handball Court, Locker/Shower Facilities, Game Room (Billiards, Foosball, Air Hockey), Wellness/Weight Room with Cardio Equipment, Meeting Room

### **Sports Pavilion Lawrence / Rock Chalk Park** [sportspavilion.lawrenceks.org/](http://sportspavilion.lawrenceks.org/)

100 Rock Chalk Ln.  
(785) 330-7355

[parksrec@lawrenceks.org](mailto:parksrec@lawrenceks.org)

Hours: Mon.-Fri.: 5:30 a.m. – 9 p.m.; Sat.: 7 a.m. – 6 p.m.; Sun.: 1 p.m. – 9 p.m.

Admission to Sports Pavilion Lawrence is free for Douglas County residents.

To validate your Lawrence/Douglas County residency, you need to show proof of residency within Lawrence/Douglas County upon your initial visit to Sports Pavilion Lawrence. Key cards are only issued at Sports Pavilion. One of the following options will be acceptable for validating residency: Driver's license, state-issued ID, current homeowner insurance policy, property tax statement, vehicle registration, or mortgage or lease document from Lawrence or Douglas County. Upon validation, you will receive a key card for access to use the facility. Once a key card has been obtained, admission is free.

Admission for those living outside Douglas County: \$5/day, \$20 monthly pass, \$45 90-day pass, or \$150 annual pass

8 Full-Size Basketball Courts, 16 Full-Size Volleyball Courts, Indoor Soccer/Sports Arena, 1/8-Mile Indoor Walking/Jogging Track, Outdoor Walking/Jogging Trails, Weight Room, Cardio Room, Outdoor Tennis Courts, Meeting Rooms, Concessions

## DMV/Legal Stuff for Cars

**Kansas State Driver's License Office** [ksrevenue.org/vehicle.html](http://ksrevenue.org/vehicle.html)

1035 N. 3rd St., Suite 119

(785) 843-9593

Hours: Mon.-Fri.: 8 a.m. – 4:45 p.m.

Find documentation needed and the procedure to get a Kansas driver's license at

<https://www.ksrevenue.org/dovproof.html>

**Kansas Highway Patrol — VIN Inspection Office**

<https://www.kansashighwaypatrol.org/160/Motor-Vehicle-Enforcement-Arrange-an-Ins>

1035 N. 3rd St., Suite 107

(785) 842-4759

Hours: Mon.-Fri.: 7:30 a.m. – 3:15 p.m.

Vehicle Identification Number (VIN) Inspections are required in Kansas if:

- A vehicle has a title from a state other than Kansas or a foreign country
- A vehicle has been assembled, reconstructed, reconstituted or restored from one or more vehicles
- The proper identification number of a vehicle is in doubt

**This inspection must be completed before the Kansas Department of Revenue will issue a license tag or title for the vehicle.**

It is recommended that you call the inspection station prior to arrival. VIN Inspections cost \$20.

**County Courthouse** (titles and tags) [douglascountyks.org/services/residents/motor-vehicles](https://www.douglascountyks.org/services/residents/motor-vehicles)

1100 Massachusetts St. (first floor)  
(785) 832-5100  
Hours: Mon.-Fri.: 8 a.m. – 5 p.m.

\* West Lawrence Office (inside Dillons)  
3000 W. 6th St.  
(785) 832-2777  
Hours: Tues.-Fri.: 7 a.m. – 6 p.m. (closed Mondays)

\* Baldwin City Office (inside Baldwin City Market)  
112 8th St.  
Baldwin City, KS 66006  
Hours: Open the second full week of each month, Mon.-Fri.: 8 a.m. – 11 a.m. and 12 p.m. – 4 p.m.

\* South Lawrence Office  
2000 W. 31st St., Suite B  
(785) 856-1445  
Hours: Mon.-Fri.: 8 a.m. – 5 p.m.

\* For transactions at the satellite offices, there will be a \$5 transaction fee charged per vehicle. Go to <https://www.douglascountyks.org/depts/treasurer/satellite-locations> for more information on the satellite offices.

To renew your vehicle tags, you can do so in person, by mail, or online at <https://www.kdor.ks.gov/apps/webtags/Welcome.aspx>. Please note that there are stipulations for renewing online, including the vehicle must currently be registered in Kansas and you have not moved since your last renewal.

To renew in person, you'll need to bring one of the following: the renewal form sent by the State of Kansas, your current Kansas registration receipt, your license plate number, or your vehicle identification number (VIN). You'll also need proof of current liability insurance from your provider and payment (cash, checks accepted with photo ID, or all major credit/debit cards). A processing fee will be charged for using credit or debit cards.

**Voter Registration** [douglascountyks.org/depts./voting-and-elections/registering-vote-kansas](https://www.douglascountyks.org/depts./voting-and-elections/registering-vote-kansas)

Online:  
[kdor.ks.gov/apps/voterreg/](https://www.kdor.ks.gov/apps/voterreg/)

Call: (785) 832-5267

In person:

Print out the [Kansas Voter Registration Application](#) (PDF format) or the [Federal Voter Registration Application](#) (PDF format) complete, sign, and mail or hand deliver to the Douglas County Election Office at 1100 Massachusetts St.

OR fax the completed and signed application to (785) 832-5192

OR scan the completed and signed application to [elections@douglas-county.com](mailto:elections@douglas-county.com)

Can register to vote when you get a Kansas driver's license

## Local News

### Television

**FOX4KC** (Fox affiliate) [fox4kc.com](http://fox4kc.com)

**KCTV5** (CBS affiliate) [kctv5.com](http://kctv5.com)

**KMBC 9 News** (ABC affiliate) [kmbc.com/local-news](http://kmbc.com/local-news)

**KSHB 41** (NBC affiliate) [kshb.com](http://kshb.com)

### Newspapers

**Lawrence Journal-World** [ljworld.com](http://ljworld.com)

Subscription: [ljworld.com/subscribe](http://ljworld.com/subscribe)

**Kansas City Star** [kansascity.com](http://kansascity.com)

Subscription: [account.kansascity.com/static/subscribe](http://account.kansascity.com/static/subscribe)

**University Daily Kansan** (KU student newspaper) [kansan.com](http://kansan.com)

Available in print on campus as well as online

### Websites

**Unmistakably Lawrence** (Food & Drink, Shopping, Events) [unmistakablylawrence.com/](http://unmistakablylawrence.com/)

**The Pitch** (KC-Area Food & Drink, Music, Arts & Entertainment) [thepitchkc.com/](http://thepitchkc.com/)

**Feast Magazine** (Food) [feastmagazine.com/the-feed/kansas\\_city\\_news](http://feastmagazine.com/the-feed/kansas_city_news)

## Social Services

## Food Pantries

### **Campus Cupboard** [hunger.ku.edu/campus-cupboard](https://hunger.ku.edu/campus-cupboard)

Kansas Union, Room 435  
1301 Jayhawk Blvd.  
Hours: Change each semester; check the website

The Center for Community Outreach operates the Campus Cupboard, a grocery-style free food resource. All KU students, faculty, staff and community members are welcome to free meals, ingredients, snacks, produce, meat and hygiene products based on a points system. You will need to show your KU ID when checking out. If you are interested in volunteering, please sign up for volunteer training at <https://volunteer.ku.edu/>.

### **Just Food** [justfoodks.org](https://justfoodks.org)

1000 E. 11th St.  
(785) 856-7030  
[info@justfood.org](mailto:info@justfood.org)  
Hours: Tues.-Fri.: 9 a.m. – 6 p.m. (closed daily 1 p.m. – 2 p.m.)

Offers cooking classes, generally on Tuesday and Thursday evenings. Call the office for details or to sign up.

### **Salvation Army** [centralusa.salvationarmy.org/douglascounty](https://centralusa.salvationarmy.org/douglascounty)

946 New Hampshire St.  
(785) 843-4188  
Hours: Mon. – Tues.: 8:30 a.m. – 4:30 p.m.; Thur. – Fri.: 8:30 a.m. – 4:30 p.m.

### **Ballard Center** [ballardcenter.org/local-to-lawrence-food-pantries/](https://ballardcenter.org/local-to-lawrence-food-pantries/)

708 Elm St.  
(785) 842-0729

Ballard Center is a nonprofit organization that provides a high-quality, affordable early education program and essential basic life assistance for families and individuals in need. Services include: food security, clothing assistance, rent and utilities assistance, school supplies, holiday gift shopping.

Pantry hours: Mon. – Fri.: 11 a.m. – 2 p.m.

### **ECKAN** [eckan.org/community\\_centers/douglas.html](https://eckan.org/community_centers/douglas.html)

2518 Ridge Ct.

(785) 841-3357

Call for appointment. Hours: Mon.-Fri.: 9 a.m. – 4 p.m. (Closed between 12 p.m. – 1 p.m.)

ECKAN partners with citizens and other community organizations to address the self-sufficiency needs of low-income families.

### **Heartland Community Health Center** [heartlandhealth.org](http://heartlandhealth.org)

346 Maine St., Suite 150

(785) 841-7297

[info@heartlandhealth.org](mailto:info@heartlandhealth.org)

Food pantry is appointment only. Hours: Thur.: 1 p.m. – 3 p.m.; Sat.: 9 a.m. – 12 p.m.

Heartland provides families and individuals about a week's worth of groceries for healthy meals every month. Families and individuals can receive food once per month.

For more information on church-run food pantries see [justfood.org/resourceguide/](http://justfood.org/resourceguide/).

### **Food Kitchens**

#### **Jubilee Café** [fumclawrence.org/jubilee/](http://fumclawrence.org/jubilee/)

946 Vermont St. (basement of the First Church)

(785) 856-9521

[jubilee@fumclawrence.org](mailto:jubilee@fumclawrence.org)

Jubilee Cafe provides breakfast for in-need community members in a restaurant-style environment. Tuesdays and Fridays from 7 a.m. – 8 a.m.

#### **L.I.N.K. (Lawrence Interdenominational Nutrition Kitchen)** [linklawrence.org/](http://linklawrence.org/)

221 W. 10th St. (in the basement of First Christian Church)

(785) 331-3663

Serves free lunch Tuesdays, Thursdays, Saturdays and Sundays at 1 p.m.

### **Food Stamps, Vouchers Programs**

To see if you are eligible for SNAP benefits (formerly food stamps):

<http://www.dcf.ks.gov/services/ees/Pages/Food/FoodAssistanceFAQs.aspx>

#### **Department for Children and Families (DCF)** [dcf.ks.gov](http://dcf.ks.gov)

1901 Delaware St.

(785) 832-3700

Hours: Mon.-Fri.: 8 a.m. – 5 p.m.

Applications available for food stamps, financial assistance for families, medical cards

### **Women, Infants, and Children (WIC)** [ldhealth.org/176/WIC-Nutrition](http://ldhealth.org/176/WIC-Nutrition)

200 Maine St., Suite B (at Lawrence-Douglas County Public Health)

(785) 856-5350 (WIC line)

Office Hours: Mon.-Fri.: 8:30 a.m. – 5 p.m. (closed daily 12 p.m. – 1 p.m.)

Food assistance for pregnant, postpartum, and breastfeeding women, infants and children up to age 5 who are determined to be at nutritional risk and meet income guidelines.

### **Emergency Shelters**

#### **Lawrence Community Shelter** [lawrenceshelter.org](http://lawrenceshelter.org)

3655 E. 25th St.

(785) 832-8864

[info@lawrenceshelter.org](mailto:info@lawrenceshelter.org)

Shelter Hours: Daily 24/7

Administrative offices: 8 a.m. – 5 p.m.

#### **Salvation Army** [centralusa.salvationarmy.org/douglascounty](http://centralusa.salvationarmy.org/douglascounty)

946 New Hampshire St.

(785) 843-4188

#### **The Willow Center** (women and children under 18; domestic violence shelter and human trafficking survivor assistance) [willowdvcenter.org](http://willowdvcenter.org)

1920 Moodie Rd.

(785) 331-2034

Crisis hotline: (785) 843-3333

[admin@willowdvcenter.org](mailto:admin@willowdvcenter.org)

### **Clothing Assistance**

#### **Goodwill** [mokangoodwill.org/locations/goodwill-lawrence](http://mokangoodwill.org/locations/goodwill-lawrence)

2200 W. 31st St.

(785) 331-3908

Hours: Mon.-Sat.: 9 a.m. – 9 p.m.; Sun.: 11 a.m. – 6 p.m.

**Professional House of Garments (The P.H.O.G.)** [ucc.ku.edu/clothing](http://ucc.ku.edu/clothing)

Summerfield Hall, Room 206

(785) 864-3624

Hours: Mon.-Fri.: 8 a.m. – 5 p.m.

Check in at the University Career Center front desk. The P.H.O.G. provides a way for students to access free professional and business casual attire appropriate for career fairs, interviews and the workplace.

**Salvation Army Thrift Store** [satruck.org/](http://satruck.org/)

1601 W. 23rd St., Suite 106

(785) 856-1115

Hours: Mon.-Sat.: 9 a.m. – 9 p.m.

**Social Services League Thrift Store** [facebook.com/socialserviceleague/](https://facebook.com/socialserviceleague/)

905 Rhode Island St.

(785) 843-5414

Hours: Tues.-Fri.: 11 a.m. – 6 p.m.; Sat.: 10 a.m. – 6 p.m.

### *Laundry Facilities*

**Lawrence Community Shelter** [lawrenceshelter.org](http://lawrenceshelter.org)

3655 E. 25th St.

(785) 832-8864

[info@lawrenceshelter.org](mailto:info@lawrenceshelter.org)

### *Shower Facilities*

**Lawrence Community Shelter** [lawrenceshelter.org](http://lawrenceshelter.org)

3655 E. 25th St.

(785) 832-8864

[info@lawrenceshelter.org](mailto:info@lawrenceshelter.org)

Hours: open 24/7



**East Lawrence Recreation Center** [lawrenceks.org/lprd/recreationfacilities/elrc/](http://lawrenceks.org/lprd/recreationfacilities/elrc/)

1245 E. 15th St.

(785) 832-7950

Hours: Mon.-Fri: 7 a.m. – 9 p.m.; Sat.: 10 a.m. – 6 p.m.; Sun.: 1 p.m. – 6 p.m.

**Holcom Park Recreation Center** [lawrenceks.org/lprd/recreationfacilities/hprc/](http://lawrenceks.org/lprd/recreationfacilities/hprc/)

2700 W. 27th St.

(785) 832-7940

Hours: Mon.-Fri.: 7 a.m. – 9 p.m.; Sat.: 10 a.m. – 6 p.m.; Sun.: 1 p.m. – 6 p.m.

***Housing Assistance*****Lawrence-Douglas County Housing Authority** [ldcha.org](http://ldcha.org)

1600 Haskell Ave.

(785) 842-8110

[housing@ldcha.org](mailto:housing@ldcha.org)

Walk-In Hours: Mon.-Thur.: 8 a.m. – 4 p.m.; Fri.: 8 a.m. – 1 p.m.

By Appointment: Mon.-Fri.: 8 a.m. – 5 p.m.

**Lawrence Family Promise** [lawrencefamilypromise.org](http://lawrencefamilypromise.org)

(785) 764-9506

Assists homeless families with children achieve and maintain permanent housing

**Salvation Army** [centralusa.salvationarmy.org/douglascounty](http://centralusa.salvationarmy.org/douglascounty)

946 New Hampshire St.

(785) 843-4188

**Heartland Community Health Center** [heartlandhealth.org](http://heartlandhealth.org)

346 Maine St., Suite 150

(785) 841-7297

[info@heartlandhealth.org](mailto:info@heartlandhealth.org)

After screening of an applicant's needs, this program strives to maintain housing and utilities for those in need by providing a small amount of financial assistance. Payments for assistance will be made directly to the utility company or vendor and will not exceed \$300. Households can receive this assistance once

per year. For more information on how to apply, please call Heartland and follow the automated system for the Rent & Utility Assistance prompt.

## **Utilities Assistance**

**Warm Hearts** (Black Hills Energy customers) [warmheartsofdouglascounty.com/apply](https://warmheartsofdouglascounty.com/apply)

[info@warmheartsofdouglascounty.com](mailto:info@warmheartsofdouglascounty.com)

Applications are available at the Ballard Center, Catholic Charities of Northeast Kansas, ECKAN, Salvation Army, and the Senior Resource Center for Douglas County. Applications will be reviewed by the administration office for final approval. They will verify the household income reported on the application along with personal identification of all applicants before proceeding. Payments for assistance will be made directly to the utility company or vendor and will not exceed \$300 per household for the duration of the season. Along with an application to Warm Hearts, we also encourage all applicants to apply for a Low-Income Energy Assistance Program award.

**Project DESERVE** (Evergy customers) [evergy.com/manage-account/billing/billing-information/project-deserve](https://evergy.com/manage-account/billing/billing-information/project-deserve)

Center of Hope determines eligibility based on need and household income. If you think you might be eligible for Project DESERVE assistance, please contact Center of Hope at [316-219-2121](tel:316-219-2121) or Evergy at [800-383-1183](tel:800-383-1183).

Provides emergency assistance paying energy costs for people with a severe disability (children or adults meeting Social Security disability criteria), older adults (people 65 years or older) and income-eligible households. Applicants may receive a one-time payment of up to \$100, depending to be applied toward an energy bill, over a rolling 12-month period.

**For other social services, see [justfoodks.org/resourceguide/](https://justfoodks.org/resourceguide/)**

# LIVING

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## Apartment Search Websites

[apartmentguide.com/apartments/kansas/lawrence](http://apartmentguide.com/apartments/kansas/lawrence)

[apartments.com/lawrence-ks](http://apartments.com/lawrence-ks)

[apartments.lawrence.com](http://apartments.lawrence.com)

[forrent.com/find/KS/metro-Kansas+City/Lawrence](http://forrent.com/find/KS/metro-Kansas+City/Lawrence)

[zillow.com/lawrence-ks/apartments](http://zillow.com/lawrence-ks/apartments)

## Child Care

**Hilltop Child Development Center (on KU's main campus)** [hilltop.ku.edu/](http://hilltop.ku.edu/)

1652 Ousdahl Rd.  
(785) 864-4940

Hilltop offers a sliding fee schedule, scholarship fee subsidies, priority to student families on the waiting list and optional care for periods when KU classes are not in session. Optional Care includes 6 to 8 weeks throughout the year (between semesters and spring break) when care is optional. Only the families who sign up to use the service pay for it.

## Resource for Locating Quality Child Care

**Child Care Aware of Kansas** [ks.childcareaware.org/](http://ks.childcareaware.org/)

(877) 678-2548

Call the toll-free number or search online to find Kansas-licensed programs (both centers and family child care homes) that meet health and safety standards. For a KDHE Child Care and Early Education Portal Online Facility Compliance Search, click here. Utilize this link to review the licensing history, substantial complaints or current non-compliance issues, of a child care facility regulated by KDHE.

## Dining

### *American and BBQ*

#### **23rd Street Brewery** [brew23.com](http://brew23.com)

3512 Clinton Parkway  
(785) 856-2337  
Hours: Daily: 11 a.m. – 12 a.m.

#### **Biemer's BBQ** [biemers.com/](http://biemers.com/)

2120 W. 9th St.  
(785) 842-0800  
Mon.-Sat.: 11 a.m. – 8 p.m.

#### **Bigg's BBQ** [biggsribs.com](http://biggsribs.com)

2429 Iowa St.  
(785) 856-2550  
Hours: Mon.-Sat.: 11 a.m. – 10 p.m.; Sun.: 11 a.m. – 9 p.m.

Can order online

#### **The Burger Stand at The Casbah** [burgerstandrestaurants.com/casbah](http://burgerstandrestaurants.com/casbah)

803 Massachusetts St.  
(785) 856-0543  
Hours: Daily: 11 a.m. – 2 a.m.

#### **Dempsey's Burger Pub** [dempseysburgerpub.com/lawrence/](http://dempseysburgerpub.com/lawrence/)

623 Vermont St.  
(785) 856-5460  
Bar hours: Sun.-Thur.: 11 a.m. – 12 a.m.; Fri.-Sat.: 11 a.m. – 2 a.m.  
Kitchen hours: Sun.-Thur.: 11 a.m. – 10 p.m.; Fri.-Sat.: 11 a.m. – 11 p.m.

Can order online

#### **Fields & Ivy Brewery** [fieldsandivy.com](http://fieldsandivy.com)

706 E. 23rd St.

(785) 274-8429

Hours: Sun.-Thur.: 11 a.m. – 12 a.m.; Fri.-Sat.: 11 a.m. – 12 a.m.

**Free State Brewing Company** [freestatebrewing.com](http://freestatebrewing.com)

636 Massachusetts St.

(785) 843-4555

Hours: Mon.-Wed.: 11 a.m. – 11 p.m.; Thur.-Sat.: 11 a.m. – 12 a.m.; Sun.: 12 p.m. – 11 p.m.

**Hog Wild Pit BBQ** [hogwildpitbbq.com/](http://hogwildpitbbq.com/)

1516 W. 23rd St., Suite 300

(785) 842-4100

Daily 11 a.m.-8 p.m.

**Leeway Franks** [www.leewayfranks.com/](http://www.leewayfranks.com/)

935 Iowa St.

(785) 856-0890

Mon.-Sat.: 11 a.m. – 8 p.m.; Sun.: 10 a.m. – 3 p.m.

Haskell graduate-owned business! House-made sausages, brats, burgers, tots, fries and more.

*Asian/Indian*

**Baan Thai Restaurant** [baanthaikansas.com/lawrence/index.htm](http://baanthaikansas.com/lawrence/index.htm)

741 Massachusetts St.

(785) 856-8424

Mon.: 10:30 a.m. – 9 p.m.; Tues.-Sun.: 10:30 a.m. – 10 p.m.

**Bayleaf Indian Restaurant & Bar** [bayleaflawrence.com/](http://bayleaflawrence.com/)

947 New Hampshire St., Suite 120

(785) 840-0855

Lunch Buffet: Tues.-Sun.: 11 a.m. – 2:30 p.m.

Dinner: Tues.-Thur.: 5 p.m. – 9:30 p.m.; Fri.-Sun.: 5 p.m. – 10 p.m.

Can order online

**Encore Café** [encorecafeks.com/](http://encorecafeks.com/)

1007 Massachusetts St.

(785) 856-3682

Hours: Mon., Wed., Thur., Sun.: 11 a.m. – 10 p.m.; Fri.-Sat.: 11 a.m. – 11 p.m. (closed Tuesdays)

**India Palace** [indiapalacelawrence.com](http://indiapalacelawrence.com)

129 E. 10th St.

(785) 331-4300

Hours: Sun.-Thur.: 11:30 a.m. – 2:30 p.m. (lunch) and 5 p.m. – 10 p.m. (dinner); Fri.-Sat.: 11:30 a.m. – 2:30 p.m. (lunch) and 5 p.m. – 10 p.m. (dinner)

Can order online

**Jade Garden** [jadegardenonline.com](http://jadegardenonline.com)

1410 Kasold Dr.

(785) 843-8650

Hours: Mon.: 11 a.m. – 10 p.m.; Tues.-Sun.: 11 a.m. – 12 a.m.

Can order online

**Little Saigon Café** [littlesaigonlawrence.com](http://littlesaigonlawrence.com)

1524 W. 23rd St.

(785) 856-8010

Hours: Tues.-Fri.: 10 a.m. – 7:45 p.m.

**Nagoya Japanese Cuisine** [nagoyasushilawrence.com/](http://nagoyasushilawrence.com/)

711 W. 23rd St., Suite 24

(785) 843-1111

Hours: Tues.-Thur.: 11 a.m. – 3 p.m. and 4:30 p.m. – 9:30 p.m.; Sat.: 12 p.m. – 10:30 p.m.; Sun.: 12 p.m. – 9 p.m.

Can order online

**Ramen Bowls** [ramenbowls.com/](http://ramenbowls.com/)

918 Massachusetts St.

(785) 842-6957

Hours: Mon.-Tues.: 11 a.m. – 9 p.m.; Wed.-Sun.: 11 a.m. – 10 p.m.

**Thai Diner** [thaidinerlawrencekansas.com/](http://thaidinerlawrencekansas.com/)

2223 Louisiana St.  
 (785) 551-7528  
 Hours: Tues.-Sun.: 11 p.m. – 9 p.m.

### **Thai Siam**

601 Kasold Dr. (Westridge Shopping Center)  
 (785) 331-2525  
 Hours: Mon.-Sat.: 12 p.m. – 10 p.m. (closed Sundays)

Can order online

### **Zen Zero** [zen-zero.com](http://zen-zero.com)

811 Massachusetts St.  
 (785) 832-0001  
 Hours: Mon.: 11 a.m. – 9 p.m.; Tues.-Fri.: 11 a.m. – 10 p.m.; Sat.: 8 a.m. – 10 p.m.; Sun.: 8 a.m. – 9 p.m.

### *Latin American/Mexican*

#### **Cielito Lindo** [cielitolindolawrence.com/30314](http://cielitolindolawrence.com/30314)

815 New Hampshire St.  
 (785) 832-1545  
 Hours: Daily: 11 a.m. – 9:30 p.m.

Can order online

#### **El Potro** [elpotrokc.com/](http://elpotrokc.com/)

3333 S. Iowa St.  
 (785) 331-2500  
 Hours: Mon.-Thur.: 11 a.m. – 10 p.m.; Fri.: 11 a.m. – 11 p.m.; Sat.: 7 a.m. – 11 p.m.; Sun.: 7 a.m. – 10 p.m.

#### **Global Café** [globalcafelawrence.com/](http://globalcafelawrence.com/)

820 Massachusetts St.  
 (785) 838-4600  
 Hours: Wed.-Mon.: 7 a.m. – 2 p.m.

#### **Mexquisito** [mexquisito.com](http://mexquisito.com)

712 Massachusetts St.  
 (785) 856-8226  
 Hours: Sun.-Wed.: 11 a.m. – 9 p.m.; Thur.-Sat.: 11 a.m. – 10 p.m.

Can order online

**Mi Ranchito** [lawrence.ordermiranchitokc.com/](http://lawrence.ordermiranchitokc.com/)

707 W. 23rd St.  
 (785) 749-5600  
 Hours: Sun.-Thur.: 11 a.m. – 10 p.m.; Fri.-Sat.: 11 a.m. – 11 p.m.  
 Carryout Hours: Sun.-Thur.: 11 a.m. – 9:30 p.m.; Fri.-Sat.: 11 a.m. – 10:30 p.m.

Can order online

**Tres Mexicanos** [facebook.com/Tres-Mexicanos-156019484565634/](https://facebook.com/Tres-Mexicanos-156019484565634/)

1800 E. 23rd St.  
 (785) 830-8422  
 Hours: Mon.-Sat.: 11 a.m. – 10 p.m.; Sun.: 11 a.m. – 9 p.m.

**Pizza/Italian**

**715** [715mass.com](http://715mass.com)

715 Massachusetts St.  
 (785) 856-7150  
 Hours: Mon.-Fri.: 11 a.m. – 10:30 p.m.; Sat. – Sun.: 9 a.m. – 10:30 p.m.

Good for special occasions. Uses locally grown and sourced ingredients and features a seasonal menu.

**Limestone** [limestonepkb.com](http://limestonepkb.com)

814 Massachusetts St.  
 (785) 856-2825  
 Hours: Mon.-Thur.: 11 a.m. – 9 p.m.; Fri.-Sat.: 11 a.m. – 10 p.m.; Sun.: 12 p.m. – 8 p.m.

**Minsky's Pizza** [minskys.com/lawrence/](http://minskys.com/lawrence/)

934 Massachusetts St.  
 (785) 856-5252  
 Hours: Sun.-Thur.: 11 a.m. – 10 p.m.; Fri.-Sat.: 11 a.m. – 11 p.m.



Can order online

**Morningstar's NY Pizza** [morningstarsnypizza.com/](http://morningstarsnypizza.com/)

4931 W. 6th St.  
 (785) 856-6973  
 Hours: Mon.-Sat.: 11 a.m. – 9 p.m.; Sun.: 11 a.m. – 8 p.m.

**Paisano's Ristorante** [paisanoskansas.com/](http://paisanoskansas.com/)

2112 W. 25th St.  
 (785) 838-3500  
 Sun.-Thurs.: 11 a.m. – 10 p.m.; Fri.-Sat.: 11 a.m. – 11 p.m.

**Sarpino's Pizzeria** [gosarpinos.com/pizza-delivery/ks/lawrence/66049#!/Review/4](https://gosarpinos.com/pizza-delivery/ks/lawrence/66049#!/Review/4)

711 W. 23rd St., Suite 12  
 (785) 727-7770  
 Hours: Sun.-Wed.: 10 a.m. – 2 a.m.; Thur.-Sat.: 10 a.m. – 3 a.m.

Can order online; free delivery

## *Cafes/Bakeries*

**Alchemy Coffee and Bake House** [alchemyks.com](http://alchemyks.com)

816 Massachusetts St.  
 (785) 424-5601  
 Hours: Daily: 7:30 a.m. – 6 p.m.

**Aimee's Coffeehouse** [facebook.com/AimeesCoffeehouse/](https://facebook.com/AimeesCoffeehouse/)

1025 Massachusetts St.  
 (785) 843-5173  
 Hours: Sun.-Wed.: 8 a.m. – 3 p.m.; Thur.-Sat.: 8 a.m. – 10 p.m.

**The Bourgeois Pig** [facebook.com/TheBourgeoisPig/](https://facebook.com/TheBourgeoisPig/)

6 E. 9th St.  
 (785) 843-1001  
 Hours: Daily: 7 a.m. – 2 a.m.

Coffee during the day; also a bar

**Decade** [decadelawrence.com](http://decadelawrence.com)

920 Delaware St.

(785) 550-7944

Hours: Mon.-Fri.: 6:30 a.m. – 7:30 p.m.; Sat.-Sun.: 7:30 a.m. – 7:30 p.m.

**Global Café** [globalcafelawrence.com/](http://globalcafelawrence.com/)

820 Massachusetts St.

(785) 838-4600

Hours: Wed.-Mon.: 7 a.m. – 2 p.m.

**Great Harvest Bread Company** [greatharvest.com](http://greatharvest.com)

807 Vermont St.

(785) 749-2227

Hours: Mon.-Fri.: 7 a.m. – 6 p.m.; Sat.: 7 a.m. – 5 p.m.

Can order online

**McLain's Market** [mclainkc.com/lawrence](http://mclainkc.com/lawrence)

1420 Crescent Rd.

(785) 371-9050

Hours: Mon.-Fri.: 7 a.m. – 9 p.m.; Sat.: 7 a.m. – 6 p.m.; Sun.: 8 a.m. – 6 p.m.

Can order online

**Muncher's Bakery** [facebook.com/munchersbakery/](https://facebook.com/munchersbakery/)

925 Iowa St.

(785) 749-4324

Hours: 24/7

**WheatFields Bakery Café** [wheatfieldsbakery.com](http://wheatfieldsbakery.com)

904 Vermont St.

(785) 841-5553

Hours: Mon.-Fri.: 6:30 a.m. – 8 p.m.; Sat.: 6:30 a.m. – 6:30 p.m.; Sun.: 7:30 a.m. – 4 p.m.

Can order online

## Other

### **The Big Biscuit** [bigbiscuit.com/#!/locations/lawrence](http://bigbiscuit.com/#!/locations/lawrence)

4821 W. 6th St.  
 (785) 856-0496  
 Hours: Daily: 6:30 a.m. – 2:30 p.m.

### **Bon Bon** [bonbonlawrence.com/](http://bonbonlawrence.com/)

804 Pennsylvania St.  
 (785) 856-2275  
 Hours: Tues.-Thurs.: 5 p.m. – 9 p.m.; Fri.-Sat.: 5 p.m. – 10 p.m.

### **Ladybird Diner** [ladybirddiner.com](http://ladybirddiner.com)

721 Massachusetts St.  
 (785) 856-5239  
 Hours: Sat.-Thur.: 7 a.m. – 3 p.m.; Fri.: 7 a.m. – 9 p.m.

Diner favorites such as burgers, shakes, homemade pie and doughnuts, Midwestern comfort food

### **Mad Greek Restaurant** [themadgreeklawrence.com/](http://themadgreeklawrence.com/)

907 Massachusetts St.  
 (785) 843-2441  
 Lunch: Mon.-Sat.: 11 a.m. – 3 p.m.  
 Dinner: Mon.-Thur.: 3 p.m. – 9:30 p.m.; Fri.-Sat.: 3 p.m. – 10 p.m.; Sun.: 2 p.m. – 9:30 p.m.  
 Sunday Buffet: 11 a.m. – 2 p.m.

Can order online

### **Merchants Pub & Plate** [merchantsonmass.com](http://merchantsonmass.com)

746 Massachusetts St.  
 (785) 843-4111  
 Hours: Mon.-Sat.: 11 a.m. – Late; Sun.: 10 a.m. – Late  
 Sunday Brunch: 10 a.m. – 2 p.m.

### **The Roost** [920mass.com](http://920mass.com)

920 Massachusetts St.  
 (785) 843-1110  
 Hours: Daily, 7 a.m. – 3 p.m.

Great for breakfast/brunch

**Sylas and Maddy's Homemade Ice Cream** [sylasandmaddysicecream.com](http://sylasandmaddysicecream.com)

1011 Massachusetts St.  
 (785) 832-8323  
 Hours: Mon.-Thur.: 12 p.m. – 9:30 p.m.; Fri.-Sat.: 12 p.m. – 10:30 p.m.; Sun.: 12:30 p.m. – 9:30 p.m.

**Terrebonne Café** [facebook.com/pages/category/Cajun---Creole-Restaurant/Terrebonne-Cafe-129142333805332/](https://facebook.com/pages/category/Cajun---Creole-Restaurant/Terrebonne-Cafe-129142333805332/)

805 Vermont St.  
 (785) 856-3287  
 Hours: Mon.-Sat.: 11 a.m. – 9 p.m.

Po-boys; creole food

## Native American Churches and Organizations

**Haskell Catholic Student Center** [haskellcatholic.com/](http://haskellcatholic.com/)

2301 Barker Ave.  
 (785) 979-3296  
[katerihcsc@gmail.com](mailto:katerihcsc@gmail.com)  
 M 11:30 a.m.-5 p.m., Tu 9:30 a.m.-5 p.m., W 11:30 a.m.-9 p.m. (beading and quilting with potluck dinner from 6 p.m.-9 p.m.), Th-F 9:30 a.m.-5 p.m., Su 10:45 a.m.-3:30 p.m. (Mass at noon with meal following)

**Haskell Native American Church Club** [facebook.com/HaskellNativeAmericanChurchClub/](https://facebook.com/HaskellNativeAmericanChurchClub/)

The mission of the Native American Church Club of Haskell is to encourage understanding of the peyote as medicine through oral tradition, philosophy and belief. The historical knowledge will be used as a tool to promote leadership, teamwork, self-awareness and spiritual wellness to individuals involved. In connection with the spiritual code of ethics of the Native American Church Haskell NAC will follow and strive to protect, preserve and honor the philosophies of our elders regarding the peyote medicine, we will establish a balance of body, mind, and spirit to support the foundation of a successful life and educational experience for our future endeavors.

**Kansas-Haskell Light (Lutheran Indian Ministries)** [lutheranindianministries.org/haskell/](http://lutheranindianministries.org/haskell/)

## Lawrence Indian United Methodist Church

950 E. 21st St.

(785) 832-9200

Sunday school Su 10 a.m., worship service at 11 a.m.

Bible study Th 7 p.m. (potluck at 6:30 p.m.)

Indian taco sales one Friday per month, beginning at 11 a.m. until sold out.

## Morris Baptist Center [friendsofcma.org/sample-page/haskell-indian-nations-university/](http://friendsofcma.org/sample-page/haskell-indian-nations-university/)

146 Indian Ave.

(785) 841-7355

## Entertainment

### Book stores

#### The Dusty Bookshelf [thedustybookshelf.com](http://thedustybookshelf.com)

708 Massachusetts St.

(785) 749-4643

[books@thedustybookshelf.com](mailto:books@thedustybookshelf.com)

Hours: Mon.-Thur.: 10 a.m. – 8 p.m.; Fri.-Sat.: 10 a.m. – 10 p.m.; Sun.: 12 p.m. – 6 p.m.

#### Raven Bookstore [ravenbookstore.com](http://ravenbookstore.com)

6 E. 7th St.

(785) 749-3300

[raven@ravenbookstore.com](mailto:raven@ravenbookstore.com)

Hours: Mon.-Sat.: 9 a.m. – 8 p.m.; Sun.: 12 p.m. – 5 p.m.

### Concert venues

#### The Bottleneck [thebottlenecklive.com](http://thebottlenecklive.com)

737 New Hampshire St.

Bar Info: (785) 841-5483

Ticketing Support: (785) 749-3434 ext. 3

#### Granada [thegranada.com](http://thegranada.com)

1020 Massachusetts St.  
 (785) 842-1390  
 Box Office Hours: Mon., Wed., Fri. and Sat.: 12 p.m. – 6 p.m.

**The Jazzhaus** [jazzhaus.com](http://jazzhaus.com)

926-½ Massachusetts St.  
 (785) 749-3320  
 Hours: Mon.-Tues.: 8 p.m. – 2 a.m.; Thur.-Sat.: 8 p.m. – 2 a.m.; Early show starts at 7 p.m. most weekends

**Liberty Hall** [libertyhall.net](http://libertyhall.net)

644 Massachusetts St.  
 Cinema and Box Office: (785) 749-1972  
 Cinema and Box Office Hours: Daily: 12 p.m. – 10 p.m.

Also has a video rental store and a movie theater

**Replay Lounge** [replaylounge.com](http://replaylounge.com)

946 Massachusetts St.  
 Hours: Daily: 3 p.m. – 2 a.m.

Concerts, pinball machines and bar

**Movie theaters**

**Liberty Hall** [libertyhall.net](http://libertyhall.net)

644 Massachusetts St.  
 Cinema and Box Office: (785) 749-1972  
 Cinema and Box Office Hours: Daily: 12 p.m. – 10 p.m.

**Regal Southwind** [regmovies.com/theatres/regal-southwind/1618#/buy-tickets-by-cinema?in-cinema=1618&at=2020-02-20&view-mode=list](http://regmovies.com/theatres/regal-southwind/1618#/buy-tickets-by-cinema?in-cinema=1618&at=2020-02-20&view-mode=list)

3433 Iowa St.  
 (844) 462-7342

**Other entertainment**

**Breakout Lawrence** (escape room games) [breakoutlawrence.com](http://breakoutlawrence.com)

727 Massachusetts St.

(785) 422-5625

Hours: Mon.-Thur.: 12 p.m. – 9 p.m.; Fri.: 12 p.m. – 10:30 p.m.; Sat.: 10 a.m. – 10:30 p.m.; Sun.: 12 p.m. – 9 p.m.

**Epic** (arcade games, laser tag, mini golf) <https://www.facebook.com/EpicFunLLC>

711 W. 23rd St., Suite 1

(785) 856-3861

Hours: Tues.-Fri.: 4 p.m. – 9 p.m.; Sat.: 11 a.m. – 9 p.m.; Sun.: 1 p.m. – 8 p.m. (closed Monday for laser tag league)

**Grinter's Sunflower Farm** [kansastravel.org/lawrence/grinterssunflowerfarm.htm](http://kansastravel.org/lawrence/grinterssunflowerfarm.htm)

24154 Stillwell Rd.

(785) 749-1325

Seasonal; check the website or call

**Pet World** [petworldlawrence.com/](http://petworldlawrence.com/)

711 W. 23rd St., Suite 26

(785) 841-7476

Hours: Mon.-Sat.: 10 a.m. – 8 p.m.; Sun.: 11 a.m. – 6 p.m.

**Royal Crest Lanes** (bowling) [royalcrestlanes.com](http://royalcrestlanes.com)

933 Iowa St.

(785) 842-1234

Hours: Mon.-Sat.: 10 a.m. – 12 a.m.; Sun.: 10 a.m. – 10 p.m.

**Washington Creek Lavender** [washingtoncreeklavender.com](http://washingtoncreeklavender.com)

858 E. 800 Rd.

(785) 748-0678

[lavender@washingtoncreeklavender.com](mailto:lavender@washingtoncreeklavender.com)

Seasonal; check the website or call (full bloom is usually in July or thereabouts)

**Watkins Museum of History** [watkinsmuseum.org/](http://watkinsmuseum.org/)

1047 Massachusetts St.

(785) 841-4109

Hours: May-October: Tues., Wed., Fri., Sat.: 10 a.m. – 4 p.m.; Thur.: 10 a.m. – 8 p.m.; Sun.: 1 p.m. – 4 p.m.

November-April: Tues.-Sat.: 10 a.m. – 4 p.m.

Free admission

## Grocery stores

**Aldi** [aldi.us/en/](https://aldi.us/en/)

3025 Iowa St.

Hours: Daily, 9 a.m. – 8 p.m.

**Checkers** [checkersfoods.com](https://checkersfoods.com)

2300 Louisiana St.

(785) 843-0023

Hours: 24/7

**Dillons** [dillons.com](https://dillons.com)

1740 Massachusetts St.

(785) 842-2942

Hours: Daily, 6 a.m. – 12 a.m.

3000 W. 6th St.

(785) 843-0652

Hours: Daily, 6 a.m. – 1 a.m.

1015 W. 23rd St.

(785) 841-3366

Hours: Daily, 6 a.m. – 12 a.m.

4701 W. 6th St.

(785) 838-0100

Hours: Daily, 6 a.m. – 12 a.m.

All locations offer a pharmacy, money services, and a Starbucks. Rewards points can be used at Kwik Shops for discounts on gas.

**Hy-Vee** [hy-vee.com](https://hy-vee.com)

3504 Clinton Parkway

(785) 832-0044



Hours: Daily: 5 a.m. – 12 a.m.

Include a pharmacy and a gas station less than a mile away

**Merc Co+op** [themerc.coop](http://themerc.coop)

901 Iowa St.

(785) 843-8544

Hours: Daily, 7 a.m. – 10 p.m.; holiday hours vary

**Natural Grocers** [naturalgrocers.com](http://naturalgrocers.com)

1301 W. 23rd St.

(785) 830-8500

Hours: Mon.-Sat.: 9 a.m. – 9:05 p.m.; Sun.: 9 a.m. – 8:05 p.m.

**Sprouts** [sprouts.com](http://sprouts.com)

4740 Bauer Farm Dr.

(785) 727-7314

Hours: Daily, 7 a.m. – 10 p.m.

**Target** [target.com](http://target.com)

3201 S. Iowa St.

(785) 832-0660

Hours: Mon.-Thur.: 7 a.m. – 10 p.m.; Fri.-Sun.: 7 a.m. – 11 p.m.

**Walmart** [walmart.com](http://walmart.com)

3300 S. Iowa St.

(785) 832-8600

Hours: 24/7

550 Congressional Dr.

(785) 841-1700

Hours: Daily: 6 a.m. – 1 a.m.

Lawrence is home to several specialty grocers, such as Oriental Market, Au Marche and Mediterranean Market, as well as farmers' markets and community-supported agriculture networks (CSAs).

## Banks

### Bank Midwest [bankmw.com](http://bankmw.com)

4831 W. 6th St.

(785) 842-4300

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.

Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 6 p.m.; Sat.: 8 a.m. – 12 p.m.

3045 Iowa St.

(785) 842-5566

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.

Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 6 p.m.; Sat.: 8 a.m. – 12 p.m.

ATMs located at branches and at 745 New Hampshire St.

### Bank of America Branch [bankofamerica.com](http://bankofamerica.com)

900 Ohio St.

(785) 842-1000

Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

ATM available

### Bank of America ATMs

1301 Jayhawk Blvd. (Kansas Union)

1656 Irving Hill Rd. (Burge Union)

3514 Clinton Parkway (Parkway Shopping Center)

### \$ Capitol Federal Savings [capfed.com/](http://capfed.com/)

1025 Iowa St.

(785) 749-9000

Lobby Hours: Mon.-Thur.: 9 a.m. – 4 p.m.; Fri.: 9 a.m. – 6 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Thur.: 8:30 a.m. – 5:30 p.m.; Fri.: 8:30 a.m. – 6 p.m.; Sat.: 9 a.m. – 12 p.m.

3201 Iowa St. (inside Target)

(785) 749-9150

Hours: Mon.-Fri.: 10 a.m. – 7 p.m.; Sat.: 10 a.m. – 4 p.m.; Sun.: 10 a.m. – 2 p.m.

4701 W. 6th St. (inside Dillons)

(785) 749-9154

Hours: Mon.-Fri.: 10 a.m. – 7 p.m.; Sat.: 10 a.m. – 4 p.m.; Sun.: 10 a.m. – 2 p.m.

740 New Hampshire St.

(785) 330-1201

Lobby Hours: Mon.-Fri.: 8 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 6 p.m.; Sat.: 8:30 a.m. – 12 p.m.

4505 W. 6th St.

(785) 330-1276

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

### **Capitol Federal Savings ATMs** (in addition to branch locations)

1321 Oread Ave. (Kansas Union)

1740 Massachusetts St. (Dillons)

2300 Iowa St. (CVS)

3421 W. 6th St. (Walgreens)

400 W. 23rd St. (Walgreens)

4841 Bauer Farm Dr. (CVS)

845 Mississippi St. (Kwik Shop)

3440 W. 6th St. (Kwik Shop)

1611 E. 23rd St. (Kwik Shop)

4841 W. 6th St. (Kwik Shop)

1420 Kasold Dr. (Kwik Shop)

1041 Vermont St.

**\$ = Free checking options**

### **Central Bank of the Midwest** [centralbank.net](http://centralbank.net)

1444 Kasold Dr.

(785) 865-1017

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8:30 a.m. – 5:30 p.m.; Sat.: 9 a.m. – 12 p.m.

4340 W. 6th St.

(785) 865-7630

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8:30 a.m. – 5:30 p.m.; Sat.: 9 a.m. – 12 p.m.

711 W. 23rd St.  
 (785) 865-1069  
 Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.  
 Drive-Thru Hours: Mon.-Fri.: 8:30 a.m. – 5:30 p.m.; Sat.: 9 a.m. – 12 p.m.

300 W. 9th St.  
 (785) 865-1000  
 Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.  
 Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 6 p.m.; Sat.: 9 a.m. – 12 p.m.

3101 Iowa St.  
 (785) 865-7610  
 Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.  
 Drive-Thru Hours: Mon.-Fri.: 8:30 a.m. – 5:30 p.m.; Sat.: 9 a.m. – 12 p.m.

\*All locations have an ATM

\*Central Bank of the Midwest is in Missouri and Kansas only

### **Central National Bank** [centralnational.com/](http://centralnational.com/)

3140 Neider Rd.  
 (785) 838-1893  
 Lobby Hours: Mon.-Fri.: 9 a.m. – 12 p.m. and 1 p.m. – 3 p.m.

603 W. 9th St.  
 (785) 838-1970  
 Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 5 p.m.

3300 S. Iowa St. (inside Walmart)  
 (785) 842-3520  
 Hours: Mon.-Fri.: 10 a.m. – 7 p.m.; Sat.: 10 a.m. – 4 p.m.; Sun.: 11 a.m. – 3 p.m.

711 Wakarusa Dr.  
 (785) 838-1893  
 Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.  
 Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 5 p.m.

ATMs available at all locations

### **\$ Commerce Bank Branches** [commercebank.com](http://commercebank.com)

1301 Jayhawk Blvd. (Kansas Union)  
 (800) 453-2265  
 Hours: Mon.-Fri.: 8:30 a.m. – 4:30 p.m.

955 Iowa St.

(800) 453-2265

Lobby Hours: Mon.-Fri.: 8:30 a.m. – 5 p.m.; Sat.: 8:30 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 7:30 a.m. – 6 p.m.; Sat.: 8:30 a.m. – 12 p.m.

3000 W. 6th St. (inside Dillons)

(800) 453-2265

Hours: Mon.-Fri.: 9 a.m. – 7 p.m.; Sat.: 9 a.m. – 3 p.m.; Sun.: 11 a.m. – 3 p.m.

1015 W. 23rd St. (inside Dillons)

(800) 453-2265

Hours: Mon.-Fri.: 9 a.m. – 7 p.m.; Sat.: 9 a.m. – 3 p.m.; Sun.: 11 a.m. – 3 p.m.

1500 Wakarusa Dr.

(800) 453-2265

Lobby Hours: Mon., Wed.-Fri.: 8:30 a.m. – 5 p.m.; Sat.: 8:30 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 7:30 a.m. – 6 p.m.; Sat.: 8:30 a.m. – 12 p.m.

### **Commerce Bank ATMs** (in addition to branch locations)

801 Massachusetts St. (outside Ta Co.)

325 Maine St. (Lawrence Memorial Hospital)

1445 Jayhawk Blvd. (Wescoe Hall)

1740 Watkins Center Dr. (KU Student Recreation Center)

1530 Engel Rd. (Lewis Hall)

3504 Clinton Parkway (Hy-Vee)

**\$ = Free checking options**

**\$ Emprise Bank** [www.emprisebank.com/](http://www.emprisebank.com/)

1121 Wakarusa Dr.

(855) 383-4301

Lobby Hours: Mon.-Fri.: 8:30 a.m. – 5 p.m.; Sat.: 8:30 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 6 p.m.; Sat.: 8:30 a.m. – 12 p.m.

ATM on site

**\$ = Free checking options**

**\$ First State Bank & Trust Co.** [firststateks.com](http://firststateks.com)

609 Vermont St.

(785) 749-0400

Hours: Mon.-Fri.: 9 a.m. – 5 p.m.

3901 W. 6th St.  
(785) 749-0400

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 6 p.m.; Sat.: 8 a.m. – 12 p.m.

ATMs located at both branches

**\$ = Free checking, no minimum balance required**

**\$ Great American Bank (formerly Lawrence Bank) [www.lawrencebank.com/](http://www.lawrencebank.com/)**

3500 Clinton Parkway  
(785) 838-9704

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 6 p.m.; Sat.: 8 a.m. – 12 p.m.

888A New Hampshire St.  
(785) 838-9704

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 6 p.m.; Sat.: 8:30 a.m. – 12 p.m.

ATMs located at both branches

**\$ = Free checking, if \$100 minimum average daily balance is met and enrolled in e-statements**

**\$ Landmark National Bank [www.banklandmark.com/](http://www.banklandmark.com/)**

2710 Iowa St.  
(785) 841-6677

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8:30 a.m. – 6 p.m.; Sat.: 9 a.m. – 12 p.m.

4621 W. 6th St.  
(785) 838-9400

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 6 p.m.; Sat.: 9 a.m. – 12 p.m.

ATMs located at both branches

**\$ = Free checking options**

**Mid-America Bank [www.mid-amicabank.com/](http://www.mid-amicabank.com/)**

4114 W. 6th St.

(785) 841-8055

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.

Drive-Thru Hours: Mon.-Fri.: 7:30 a.m. – 5:30 p.m.

**\$ Sunflower Bank** [www.sunflowerbank.com](http://www.sunflowerbank.com)

4831 Quail Crest Pl.

(785) 312-7274

Lobby Hours: Mon.-Fri.: 8 a.m. – 6 p.m.; Sat.: 8 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 6 p.m.; Sat.: 8 a.m. – 12 p.m.

ATM available

**\$ = Free checking options**

**\$ Truity Credit Union** [truitycu.org/](http://truitycu.org/)

1300 W. 23rd St.

(800) 897-6991

Hours: Mon.-Fri.: 9:30 a.m. – 6:30 p.m.

2221 W. 31st St.

(800) 897-6991

Lobby Hours: Mon.-Fri.: 9 a.m. – 5:30 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8:30 a.m. – 6 p.m.; Sat.: 9 a.m. – 12 p.m.

3400 W. 6th St.

(800) 897-6991

Lobby Hours: Mon.-Fri.: 9 a.m. – 5:30 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8:30 a.m. – 6 p.m.; Sat.: 9 a.m. – 12 p.m.

ATM available at each branch

**\$ = Free checking options**

**\$ University National Bank** [www.unbank.com/](http://www.unbank.com/)

*(NOTE: website was not responding 2/26/20, so information may be outdated)*

1400 Kasold Dr.

(785) 841-1988

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru: Mon.-Fri.: 8 a.m. – 6 p.m.; Sat.: 8:30 a.m. – 12 p.m.

**\$ = Free Easy Green Checking option (must meet requirements)**

**\$ U.S. Bank Branches** [usbank.com](http://usbank.com)

900 Massachusetts St.

(785) 865-0200

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.: 8 a.m. – 5:30 p.m.; Tues.-Thur.: 9 a.m. – 5 p.m.; Fri.: 9 a.m. – 5:30 p.m.; Sat.: 8:30 a.m. – 12 p.m.

3500 W. 6th St.

(785) 312-5060

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

1600 E. 23rd St.

(785) 842-3164

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 5:30 p.m.; Sat.: 8:30 a.m. – 12 p.m.

1807 W. 23rd St.

(785) 312-6880

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.: 8:30 a.m. – 5:30 p.m.; Tues.-Thurs.: 8:30 a.m. – 5 p.m.; Fri.: 8:30 a.m. – 5:30 p.m.; Sat.: 8:30 a.m. – 12 p.m.

2701 Iowa St.

(785) 312-5280

Lobby Hours: Mon.-Fri.: 9 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Drive-Thru Hours: Mon.-Fri.: 8 a.m. – 5:30 p.m.; Sat.: 8:30 a.m. – 12 p.m.

### **\$ U.S. Bank ATMs** (in addition to branch locations)

1035 N. 3rd St. (I-70 Business Center)

I-70 Mile Marker 209 (McDonald's Lawrence Service Center)

647 Massachusetts St. (Fritzel Branch Building)

1321 Oread Ave. (Kansas Union)

1565 Irving Hill Rd. (Burge Union)

**\$ = Free checking for students ages 24 and younger. Must have \$25 to open the account. Paper statements are \$2/month.**

## **Transportation**

**City of Lawrence Transit** [lawrencetransit.org](http://lawrencetransit.org)



(785) 864-4644  
[info@lawrencetransit.org](mailto:info@lawrencetransit.org)

Lawrence's citywide bus system partners with the KU bus system. Passengers will be allowed to board or exit a vehicle at any marked bus stop. Bus stops are identified with blue signs. If there is no sign along a route, the bus can be waved down. The bus will stop only at designated stops (with signs or shelters) on 6th, 9th, 23rd and Iowa streets, Naismith Drive, and on the KU campus.

**KU students ride free with valid student ID. *NOTE: Like the KU bus service, The T does not run on Sundays.***

Website has information on routes and times, fares, ADA services, and also has mobile tools and a trip planning tool; KU students ride free with valid student ID

**Greyhound Bus** [locations.greyhound.com/bus-stations/us/kansas/lawrence/bus-station-600270](https://locations.greyhound.com/bus-stations/us/kansas/lawrence/bus-station-600270)

7th and Vermont streets  
 (800) 231-2222  
 Bus station: Open 24/7

Online ticket sales only

**Amtrak** [amtrak.com](https://www.amtrak.com)

413 E. 7th St. (Station Building)  
 Southwest Chief Line (Chicago-Kansas City-Albuquerque-Flagstaff-Los Angeles)  
 Departs daily at 11:49 p.m. (westbound) and 5:09 a.m. (eastbound)

\*Uber and Lyft operate in Lawrence\*

## Utilities

### Gas

**Black Hills Energy** [blackhillsenergy.com](https://www.blackhillsenergy.com)

(888) 890-5554  
 Hours: Mon.-Fri.: 8 a.m. – 7:30 p.m.

Can stop and start service, pay, and report problems online

### Electricity

**Evergy** [www.evergy.com/](http://www.evergy.com/)

(800) 383-1183

Hours: Mon.-Fri.: 7 a.m. – 7 p.m.

Can start and stop service, pay, report problems and track outages online

**Internet/cable/land line phone****AT&T U-verse** [att.com/local/kansas/lawrence/](http://att.com/local/kansas/lawrence/)

Order new Internet service: (866) 861-6075

Customer service and 24/7 technical support: (800) 288-2020

AT&T Store:

3310 Iowa St., Suite A

(785) 832-2700

565 Wakarusa Dr.

(785) 371-4990

**Midco** [midco.com](http://midco.com)

New service and installations: (800) 888-1300

Service (general questions, billing, technical support): (800) 888-1300

Midco Office:

2000 W. 31st St., Suite C

Hours: Mon.-Fri.: 8 a.m. – 6 p.m.; Sat.: 9 a.m. – 1 p.m.

**Water/sewer/trash/recycling****City of Lawrence Utilities** [lawrenceks.org/utilities](http://lawrenceks.org/utilities)

24/7 Customer Service (not billing): (785) 832-7800

Billing: (785) 832-7878

Can start, stop, or transfer service at [lawrenceks.org/utility-billing/service\\_request/start\\_stop\\_transfer/](http://lawrenceks.org/utility-billing/service_request/start_stop_transfer/)

**Post Office/Shipping****United States Postal Service Offices** [usps.com](http://usps.com)

645 Vermont St.

(785) 843-1681

Retail Hours: Mon.-Fri.: 8 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

Passport Photo Appointment Hours: Mon.-Fri.: 9 a.m. – 12 p.m. and 1 p.m. – 3:45 p.m.

1901 W. 31st St.

(785) 843-2330

Hours: Mon.-Fri.: 8:30 a.m. – 5 p.m.; Sat.: 9 a.m. – 12 p.m.

### **FedEx** [fedex.com/us](https://fedex.com/us)

911 Massachusetts St. (inside Kinko's, print and ship)

(785) 843-8019

Hours: Mon.-Fri.: 7:30 a.m. – 9 p.m.; Sat.: 8 a.m. – 6 p.m.; Sun.: 12 p.m. – 6 p.m.

400 W. 23rd St. (inside Walgreens)

(800) 463-3339

Mon.-Fri.: 7:00 a.m. – 12 a.m.

2525 Iowa St. (inside Office Depot)

(800) 463-3339

Hours: Mon.-Fri.: 8 a.m. – 9 p.m.; Sat.: 9 a.m. – 9 p.m.; Sun.: 10 a.m. – 6 p.m.

725 N. 2nd St., Suite E

(785) 856-2679

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### **UPS** [ups.com](https://ups.com)

4000 W. 6th St., Suite B

(785) 856-0707

[store5941@theupsstore.com](mailto:store5941@theupsstore.com)

Hours: Mon.-Fri.: 8 a.m. – 7 p.m.; Sat.: 10 a.m. – 4 p.m.

2040 W. 31st St., Suite G

(785) 856-7860

Hours: Mon.-Fri.: 8 a.m. – 7 p.m.; Sat.: 10 a.m. – 4 p.m.

3514 Clinton Parkway, Suite A

(785) 865-0004

Hours: Mon.-Fri.: 8 a.m. – 7 p.m.; Sat.: 10 a.m. – 4 p.m.

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