

Student Resource Guide

2017

KU INDIGENOUS
STUDIES

College of Liberal Arts
& Sciences

Compiler's Note:

Hello Indigenous Studies students,

Welcome to the Indigenous Studies Resource Guide. Inside you will find information on the following categories: school, health, community resources, and living. We have included information on everything from post office locations, to campus libraries, to local parks and areas of recreation. Hopefully you will be able to find everything you need!

We have tried our best to keep resources local when possible. Lawrence is a city of approximately 90,000 people so while it does have many of the resources you may need or want, occasionally trips to Topeka (about 30 minutes) or Kansas City (about 45-50 minutes) may be necessary.

To the best of our knowledge, the information in this is up to date and accurate. This was a labor of love and one that we hope you will find useful. Please let the department know if you find any information has changed so this resource guide can be updated.

Please know that the people of this department will always do their very best to assist you. If you cannot find what you are looking for in this resource guide, please contact the Indigenous Studies office. Everyone here wants you to succeed and is incredibly kind and helpful, so do not be afraid to ask for help.

None of these entries were sponsored in any way. Some inclusions of businesses were due to positive online or student reviews.

We wish you the best of luck while living in Lawrence!

Best,
Brandy Ernzen, program coordinator
Jessica Young (Museum Studies GRA 2016-2017)

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UNIVERSITY RESOURCES

Getting Started

KU Card Center kucard.ku.edu

Kansas Union, Level 4
1301 Jayhawk Blvd.
(785) 864-5845
M-F 8 a.m.-4:30 p.m.
kucard@ku.edu

Services: Student ID Cards, Beat 'Em Bucks (money on ID card, can be used on campus and select off-campus locations)

Graduate Studies graduate.ku.edu

213 Strong Hall
1450 Jayhawk Blvd.
(785) 864-8040
graduate@ku.edu

Services: Calendars, Graduate Catalog, Thesis and Dissertation Info, GTA/GRA/GA Info, Professional Development, Campus and Community Resources Info

Registrar registrar.ku.edu

121 Strong Hall
1450 Jayhawk Blvd.
(785) 864-4422
registrar@ku.edu

Services: Academic Calendar, Enrollment, Transcripts, Tuition and Fees Info, Records, Graduation Info

Bursar (Student Account Services / Comptroller's Office) student-account-services.ku.edu

Rooms 21/23 Strong Hall
1450 Jayhawk Blvd.
(785) 864-3322
stu.account@ku.edu

Services: Bills, Payments, Refunds, 1098-T, Holds/Service Indicators

Financial Aid & Scholarships affordability.ku.edu

KU Visitor Center
1502 Iowa St.
(785) 864-4700
financialaid@ku.edu

FAFSA Code=001948

Services: Financial Aid & Scholarships Info, Cost Info, KU Forms

KU Information Technology (IT) technology.ku.edu

1001 Sunnyside Ave.
(785) 864-8080
itcsc@ku.edu

Services: Accounts and Access, Computer Labs and Printing, Help, Support and Training, Audio and Video Services, Classroom and Department Technology, Email and Messaging, Security

Free and discounted software for students

Parking and Campus Buses parking.ku.edu

Allen Fieldhouse Garage
1501 Irving Hill Rd.
(785) 864-7275
M-Th 7:30 a.m.-5 p.m., F 7:30 a.m.-4:30 p.m.
kupark@ku.edu

Services: Parking Permits, Parking Tickets, Event Parking Info, Parking Info, SafeRide and SafeBus (late night options)

Campus bus information and schedules at kuonwheels.ku.edu. KU students ride free with valid student ID. *NOTE: The bus does not run on Sundays, and its schedule is reduced during breaks and in the summer.*

Student Access Services access.ku.edu

Strong Hall, Room 22
1450 Jayhawk Blvd.
(785) 864-4064
M-F 8 a.m.-5 p.m.
achieve@ku.edu

Services: Academic Accommodations, Assistive Technology, Housing Accommodations, Interpreter Services, Jaylift Paratransit

Throughout the Semester

Libraries lib.ku.edu

Watson Library (Main)

1425 Jayhawk Blvd.

(785) 864-8983

Hours vary, see lib.ku.edu/locations/Watson#building

Services: Computer Workstations, Scanners, Printers, Equipment Checkout (laptops, calculators, headphones, voice recorders), Group Study Rooms, Graduate Lounge, Writing Center, Coffee Shop

Anschutz Library

1301 Hoch Auditoria Dr.

(785) 864-4928

Hours vary, see lib.ku.edu/locations/Anschutz

Services: Computer Workstations, Scanners, Printers, Equipment Checkout (laptops, calculators, headphones, voice recorders), Group Study Rooms, Coffee Shop

Spencer Research Library

1450 Poplar Ln.

(785) 864-4334

M-F 9 a.m.-5 p.m., S 9 a.m.-1 p.m.

ksrlref@ku.edu

The Spencer Research Library is open to students and the general community, including genealogists, historic preservationists, city planners, journalists, writers, and scholars from around the world. Its collections include The Kansas Collection, the regional history division of KU's Libraries and houses the holdings related to Native tribes indigenous to what is now Kansas as well as information on tribes relocated to Kansas, the African American Experience, Douglas County Records, and Photographs, Papers, and Records of Life in Kansas and the Great Plains; the University Archives; and special collections on Ancient and Medieval Manuscripts; Architecture; Economics; 18th-Century Collections; History of American Education; History of Science; Irish Collections; Latin America, Portugal, and Spain; 19th- and 20th-Century Literary Collections; Renaissance and Early Modern Imprints; Science Fiction Collections; and Voyages, Travels, Geography, Atlases, and Maps.

See lib.ku.edu for locations and hours of other libraries

Writing Center writing.ku.edu

(785) 864-2399
writing@ku.edu

Watson Library (3rd Floor)

1425 Jayhawk Blvd.
M-Th 5 p.m.-8 p.m.

Anschutz Library (4th Floor)

1301 Hoch Auditoria Dr.
M-F, Su 9 a.m.-12 p.m.

Services: Graduate Writing Consultation (in person appointments, feedback via e-mail), Graduate Student Writing Groups, Dissertation/Thesis Group

KU Bookstore kubookstore.com

1301 Jayhawk Blvd. (Kansas Union, Level 2)
(785) 864-4640
M-F 8:30 a.m.-5:30 p.m., Sa 10 a.m.-5 p.m., Su 12 p.m.-5 p.m.

Jayhawk Ink (Printing services)

1301 Jayhawk Blvd.
(785) 864-4431 (front desk)
(785) 864-6348 (print area)
M-F 8:30 a.m.-8 p.m., Sa 10 a.m.-5 p.m., Su 12 p.m.-5 p.m.

Hawk Shop (Convenience store)

1301 Jayhawk Blvd.
M-Sa 7 a.m.-11 p.m., Su 12 p.m.-9 p.m.

Campus Events Calendar calendar.ku.edu

Rock Chalk Central (on-campus club listing) rockchalkcentral.ku.edu/organizations

On-Campus Dining Options union.ku.edu/ku-dining-locations-and-hours

Options near Lippincott Hall:

Roasterie (Kansas Union)

Kansas Union, Floor 4
1301 Jayhawk Blvd.
(785) 864-8008
M-Th 7:30 a.m.-7 p.m., F 7:30 a.m.-6 p.m., S 9 a.m.-3 p.m.

The Market (Kansas Union)

Kansas Union, Floor 3
1301 Jayhawk Blvd.
(785) 864-288 6
M-F 8 a.m.-4 p.m.

Jay Break (Watson Library)

Watson Library, Main Floor
1425 Jayhawk Blvd.
(785) 864-1937
M-Th 8 a.m.-6 p.m., F 8 a.m.-2:30 p.m.

Roasterie (Wescoe Hall)

1445 Jayhawk Blvd.
(785) 864-2496
M-F 7:30 a.m.-4 p.m.

The Underground (Wescoe Hall)

Wescoe Hall, Floor 1
1445 Jayhawk Blvd.
M-F 7:30 a.m.-4 p.m.

Veggie Lunch at ECM

Ecumenical Campus Ministries (across the street from the Mississippi Street parking garage)
1204 Oread Ave.
Free vegetarian lunch each Thursday at 11:30 a.m.

Additional Programming, Reporting and Resources

First Nations Student Association (FNSA) facebook.com/FNSAatKU/

The First Nations Student Association is dedicated to the academic and social success of each and every member of its club here at the University of Kansas. We strive for excellence and the enhancement of cultural appropriation. Through education, we will be able to perceive our message to those old and young of our mission and commitment to our community, campus, and our culture.

Institutional Opportunity & Access ioa.ku.edu

Carruth-O'Leary Hall, Room 153A
1246 W. Campus Rd.
(785) 864-6414
ioa@ku.edu

The Office of Institutional Opportunity and Access (IOA) is responsible for administering the University of Kansas equal opportunity and non-discrimination policies and procedures, as well as encouraging a campus climate of respect and understanding of all aspects of the human experience. To that end, the IOA offers assistance and protective measures to students, faculty, and staff who report acts of harassment, discrimination, sexual misconduct, sexual violence, and retaliation; provides information about health, safety, advocacy, and support resources for members of the Lawrence and Edwards campuses; performs formal investigations to detect, discontinue, and prevent violations of the Non-Discrimination Policy and Sexual Harassment Policy; and ensures University compliance with state and federal civil rights laws. More on how IOA can assist: <http://ioa.ku.edu/how-ioa-can-help>.

Services: Discrimination Complaints, Title IX Coordinator, Sexual Violence Survivors Guide, Training

Office of Diversity, Equity, and Inclusion diversity.ku.edu

Strong Hall, Room 250
1450 Jayhawk Blvd.
(785) 864-4904

Office of Multicultural Affairs oma.ku.edu

Sabatini Multicultural Resource Center
1299 Oread Ave.
(785) 864-4350
oma@ku.edu

Services: Academic Enrichment Programs, Diversity Education, and Social Justice Trainings

Emily Taylor Center for Women and Gender Equity emilytaylorcenter.ku.edu

Wescoe Hall, Room 4024
1445 Jayhawk Blvd.
(785) 864-3552
M-F 9 a.m.-5 p.m.
emilytaylorcenter@ku.edu

Services: Special Interest Groups, Presentations, Workshops (Self-Defense), Directory of Campus and Community Women's Organizations, Consultation/Safe Space for Talking

The Center for Sexuality and Gender Diversity (SGD) silc.ku.edu/sgd

Kansas Union, Room 420
1301 Jayhawk Blvd.
(785) 864-4861
sgd@ku.edu

Services: Open Space for Studying and Socializing, Information About Organizations and Support Services (on and off campus), Sensitivity Training

Hall Center for the Humanities hallcenter.ku.edu

900 Sunnyside Ave.
(785) 864-4798
hallcenter@ku.edu

Services: Lectures, Workshops, Scholarships, Applied Humanities Initiative

The Commons thecommons.ku.edu

Spooner Hall
1340 Jayhawk Blvd.
(785) 864-6293
thecommons@ku.edu

Services: Programs, Starter Grants (collaborative, interdisciplinary research)

Ombuds Office ombuds.ku.edu

Carruth O'Leary Hall, Room 36
1246 W. Campus Rd.
(785) 846-7261
ombuds@ku.edu

Services: Course Management Issues (grade issues, academic misconduct, exam policies, etc.), Dispute with University Unit, Staff, or Faculty Resolution, On-Campus Work Issues, Conflicts with Advisors, Policy Consultations, Help Navigating University Bureaucracy, Bullying/Incivility Consultation, Conflict Coaching, Harassment and Discrimination Consultation, Health and Safety Issues

Student Money Management Services money.ku.edu

Kansas Union, Room 300-B
 1301 Jayhawk Blvd.
 (785) 864-1182
 M-F 9 a.m.-3 p.m. (alternate hours available by appointment)
money@ku.edu

Services: Consultations, Information (income & financial aid, checking & savings, cash management, credit cards, credit history)

Can make appointments online

On-Campus Museums

KU Biodiversity Institute and Natural History Museum biodiversity.ku.edu

Dyche Hall
 1345 Jayhawk Blvd.
 (785) 864-4450
 T-S 9 a.m.-5 p.m., Su 12 p.m.-4 p.m.
biodiversity@ku.edu

Spencer Museum of Art spencerart.ku.edu

1301 Mississippi St.
 (785) 864-4710
 T 10 a.m.-4 p.m., W-Th 10 a.m.-8 p.m., F-S 10 a.m.-4 p.m., Su 12 p.m.-4 p.m.
spencerart@ku.edu

Booth Family Hall of Athletics kuathletics.com/hallofathletics

1651 Naismith Dr.
 (785) 864-7050
 M-S 10 a.m.-5 p.m. (check website as they have many days with special hours)

DeBruce Center deBrucecenter.ku.edu

1647 Naismith Dr.
(785) 864-9740
M-Th 7 a.m.-6 p.m., F 7 a.m.-5 p.m., S 10 a.m.-5 p.m.

The Rules of Basketball Gallery, dining options (see website as they have different hours than the building)

Robert J. Dole Institute of Politics doleinstitute.org

2350 Petefish Dr.
(785) 864-4900
M-Sa 9 a.m.-5 p.m., Su 12 p.m.-5 p.m.
doleinstitute@ku.edu

Wilcox Classical Museum wilcox.ku.edu

Lippincott Hall, Room 103
1410 Jayhawk Blvd.
(785) 864-3153 (Classics Department)
M-F 9 a.m.-4 p.m.
wilcox@ku.edu

HEALTH

On Campus

Watkins Health Services studenthealth.ku.edu

1200 Schwegler Dr.
(785) 864-9500
M-F 8 a.m.-6 p.m.
Sat 12 p.m.-4 p.m.
health@ku.edu

Services: General Medicine Clinic, Pharmacy, Gynecology, Massage Therapy, Allergy Clinic, Immunizations, STI/HIV Testing, Physical Therapy

WHS primarily exists to provide healthcare to currently enrolled students of The University of Kansas. However, past students may be seen up to 90 days after their last date of enrollment. Only currently

enrolled students are eligible to receive services at reduced “Health Fee-Paid” rates. WHS also provides services to KU faculty and staff.

The spouse or domestic partner of a currently enrolled KU student is eligible for the same healthcare services at WHS. Required protocol:

- The student must accompany the spouse/domestic partner on the initial visit AND both must go to the WHS Business Office to complete this form for the official record.
- The student must accept financial responsibility for all services provided to the spouse/domestic partner by using the [Spouse - Domestic Partner Guarantor Form](#) (PDF).
- The services for the spouse/domestic partner will be charged at our Non-Health Fee rates.

Every student at KU pays a health fee each semester as part of the mandatory campus fees. It is not optional. The health fee entitles the student to be seen by our providers at no charge for the office visit including no co-pay. However, if the provider orders lab tests, X-rays, medications, physical therapy services or performs procedures (e.g. a mole removal) or performs extensive physical exams (e.g. for the Peace Corp), there are charges for those services. Students receive a reduced rate for those charges which are very often well below the local market. The health fee itself does NOT constitute any type of healthcare insurance.

Counseling and Psychological Services (CAPS) caps.ku.edu

1200 Schwegler Dr., Room 2100

(785) 864-2277

M, Th, F 8 a.m.-5 p.m.

Tu, W 8 a.m.-6 p.m.

Services: Psychological counseling for students, including help with issues related to adjusting to college and other psychological, interpersonal, and family problems. Individual and group sessions are available. The fee schedule is at <http://caps.ku.edu/fees/>.

University of Kansas Recreation Services recreation.ku.edu

Ambler Student Recreation Fitness Center

1740 Watkins Center Dr.

(785) 864-3546

recreation@ku.edu

KU students can use Ambler for free with their KU Student ID. You must present the ID each time you go.

Services: Workout Facilities/Equipment, Recreation Equipment Checkout, Courts (tennis, basketball, sand volleyball), Indoor Swimming Facility, Climbing Wall, Intramurals

Robinson Center (indoor swimming and basketball courts)

Intersection of Naismith Dr. and Sunnyside Ave.

Schedule is limited and changes based on whether school is in session

The indoor pool, tennis courts, racquetball courts, and outdoor sand volleyball courts are available for student use on a first come, first served basis. These facilities are free for students with a valid KU Student ID. You must present the ID each time you go.

Off Campus: Physical Health

Haskell Indian Health Center ihs.gov/oklahomacity/healthcarefacilities/haskell/

2415 Massachusetts St.
(785) 843-3750
M-F 8 a.m.-5 p.m.

Part of the Indian Health Service

Services: Dental, Diabetes Prevention and Native American-specific Diabetes Program, Lab, Medical, Nursing, Nutrition, Pediatrics, Pharmacy

Lawrence Memorial Hospital lmh.org

325 Maine St.
(785) 505-5000
Emergency Room 24/7

Services: Emergency Room, Cardiology, Neurology, Primary Care, Pulmonology, Women's Health, Nephrology, Wellness Resources, Find a Provider

Heartland Community Health Center (discounts for uninsured patients subsisting below 200% of the federal poverty level) heartlandhealth.org

346 Maine St., Suite 150
(785) 841-7297
M, W, F 8 a.m.-5 p.m.
T, Th 8 a.m.-7 p.m.

Services: Medical Clinic, Mental/Emotional Health Care, Diabetes Care and Prevention, Wellness, Smoking Cessation

MedExpress Urgent Care medexpress.com/local-centers/Kansas/Lawrence.aspx

3420 W. 6th St.
 (785) 841-3123
 Daily 8 a.m.-8 p.m.

Planned Parenthood

plannedparenthood.org/health-center/Kansas/overland-park/66211/comprehensive-health-center-2594-90740

4401 W. 109th St. #100
 Overland Park, KS 66211
 (913) 345-1400
 T 9 a.m.-7 p.m., W 9 a.m.-5 p.m., Th 8:30 a.m.-5 p.m., F 8:30 a.m.-5 p.m., Sa 7 a.m.-1:30 p.m.

Services: Birth Control, HIV Testing, Men's Health Care, Emergency Contraception (Morning-After Pill), Abortion Services, Pregnancy Testing and Services, STD Testing and Treatment, Women's Health Care

Lawrence-Douglas County Health Department ldchealth.org

200 Maine St.
 (785) 843-3060
 Office Hours: M-F 8:30 a.m.-5 p.m. (closed daily noon to 1 p.m.)
 Clinic Hours: M 10 a.m.-7 p.m., T 10 a.m.-5 p.m., W 10 a.m.-6 p.m., Th-F 10 a.m.-5 p.m.

Services: Clinic — Family Planning, Immunizations, STD/HIV Testing and Counseling, Education, Public Preparedness

Douglas County Dental Clinic dcdclinic.org (see restrictions at dcdclinic.org/new-patients.html)

2210 Yale Rd.
 (785) 312-7770
 M-Th 8 a.m.-5 p.m., F 8 a.m.-4 p.m.

Services: Examinations, X-Rays, Cleanings, Fillings, Crowns

Criticare Home Health Services (medical supply store) criticarehhs.com

1006 W. 6th St.
 (785) 749-4878
 M-F 8 a.m.-5 p.m., S 9 a.m.-12 p.m.

Equipment: Wheelchairs/Scooters, TENS Units and Supplies, Walking Aids, Compression Devices, Aids to Daily Living, Orthopedic Supports, General Medical Supplies

Off-Campus Pharmacies

CVS [cvs.com](https://www.cvs.com)

2300 Iowa St.
(785) 832-1112
M-F 8 a.m.-10 p.m., Sa 9 a.m.-6 p.m., Su 10 a.m.-6 p.m.

4841 Bauer Farm Dr.
(785) 840-9381
M-F 9 a.m.-9 p.m., Sa 9 a.m.-6 p.m., Su 10 a.m.-6 p.m.

Dillons Pharmacy [dillons.com](https://www.dillons.com)

1740 Massachusetts St.
(785) 842-2434
M-F 8 a.m.-9 p.m., Sa 9 a.m.-6 p.m., Su 10 a.m.-6 p.m.

3000 W. 6th St.
(785) 843-0847
M-F 8 a.m.-9 p.m., Sa 9 a.m.-6 p.m., Su 10 a.m.-6 p.m.

1015 W. 23rd St.
(785) 841-5110
M-F 8 a.m.-9 p.m., Sa 9 a.m.-6 p.m., Su 10 a.m.-6 p.m.

4701 W. 6th St.
(785) 838-0110
M-F 8 a.m.-9 p.m., Sa 9 a.m.-6 p.m., Su 10 a.m.-6 p.m.

Hy-Vee Pharmacy [hy-vee.com](https://www.hy-vee.com)

4000 W. 6th St.
(785) 832-8606
M-F 7 a.m.-9 p.m., S-Su 9 a.m.-5 p.m.

3504 Clinton Parkway
(785) 832-0110
M-F 7 a.m.-9 p.m., Sa-Su 9 a.m.-5 p.m.

Target Pharmacy [target.com](https://www.target.com)

3201 S Iowa St.
(785) 832-0660
M 8 a.m.-11 p.m., T-W 8 a.m.-10 p.m., Th 6 p.m.-12 a.m., F 12 a.m.-11 p.m., Sa-Su 8 a.m.-11 p.m.

Walgreens walgreens.com

400 W. 23rd St.
 (785) 832-8388
 M-F 8 a.m.-10 p.m., Sa 9 a.m.-6 p.m., Su 10 a.m.-6 p.m.

3421 W. 6th St.
 (785) 841-9000
 Open 24/7

Walmart Pharmacy walmart.com

3300 Iowa St.
 (785) 842-0177
 M-F 8 a.m.-9 p.m., Sa 9 a.m.-7 p.m., Su 10 a.m.-6 p.m.

Off-Campus Mental Health**Headquarters Counseling Center** headquarterscounselingcenter.org

211 E. 8th St., Suite C
 Administrative Line: (785) 841-9900
 Walk-In Counseling Hours: M-F 9 a.m.-4 p.m. (please call before arriving to make sure counselor will be available)

Ongoing Counseling: Master-level Social Work students, \$10 per session regardless of insurance coverage, contact Kristin Vernon at kristin@headquarterscounselingcenter.org

Services: Local Suicide Prevention Lifeline, Counseling

Bert Nash Community Mental Health Center bertnash.org

200 Maine St.
 (785) 843-9192 (24/7)
 M-Th 8 a.m.-6 p.m., F 8:45 a.m.-5 p.m.

Services: Therapy (individual and group), Mental Health First Aid Classes

Suicide Prevention Line for Kansas (785) 841-2345

National Suicide Prevention Line (800) 273-8255

Crisis Textline crisistextline.org

Text HELLO to 741741

Available 24/7 in U.S.

A live, trained counselor will respond

They do not charge texters; if your phone plan is with AT&T, T-Mobile, Sprint, or Verizon, it is free. If service is provided by AT&T, T-Mobile, Sprint, or Verizon it will not appear on your cell phone bill. Can also contact them through Facebook Messenger

The Sexual Trauma and Abuse Care Center stacarecenter.org

708 W. 9th St., Suite 105

(785) 843-8985 (24/7)

Services: Counseling and Support Groups, 24/7 Advocacy and Response, Education

Rape, Abuse, & Incest National Network — National Sexual Assault Hotline

(800) 656-HOPE (4673)

Rape, Abuse & Incest National Network — Live Chat online.rainn.org

COMMUNITY RESOURCES

Cultural Resources

Haskell Cultural Center and Museum haskell.edu/cultural-center/

155 Indian Ave.

(785) 832-6686

M-F 9 a.m.-4 p.m.

Lawrence Public Library lawrence.lib.ks.us

707 Vermont St.

(785) 843-3833

M-Th 9 a.m.-9 p.m., F 9 a.m.-7 p.m., Sa 9 a.m.-6 p.m., Su 12 p.m.-6 p.m.

Lawrence Arts Center lawrenceartscenter.org

940 New Hampshire St.
 (785) 843-2787
 Daily 9 a.m.-9 p.m.
 Galleries M-Sa 9 a.m.-9 p.m., Su 1 p.m.-9 p.m.

Lied Center (performing arts center) lied.ku.edu

1600 Stewart Dr.
 (785) 864-2787 (ticket office)
 (785) 864-3469 (admin)
 M-F 11 a.m.-6 p.m. (ticket office)
 M-F 8 a.m.-5 p.m. (admin)
lied@ku.edu

KU students receive 50 percent off tickets. In addition, the KU Student Lied Center Performing Arts Pass is \$125 for all main stage performances in the Lied Center series.

Recreation Amenities**City of Lawrence — Parks and Recreation** lawrenceks.org/lprd**Prairie Park Nature Center** lawrenceks.org/lprd/ppnc

2730 Harper St.
 (785) 832-7980
 T-Sa 9 a.m.-5 p.m., Su 1 p.m.-4 p.m.

Hiking, Archery Classes (youth-adult), Fishing (nearby at Mary Lake), Geocaching, Dog Friendly

Aquatics lawrenceks.org/lprd/aquatics**Indoor Aquatic Center**

4706 Overland Dr. (next to Free State High School)
 (785) 832-7946
 M-F 5:15 a.m.-7:45 p.m., Sa 9 a.m.-7:45 p.m., Su 1 p.m.-5:45 p.m. (lap swimming)
 M-F 6 p.m.-7:30 p.m., Sa 1 p.m., Su 1 p.m.-5:30 p.m. (waterslide and diving area)
 M-F 12 p.m.-4 p.m. (warm water workouts)
 M-F 4 p.m.-7:45 p.m., Sa 1 p.m.-7:45 p.m., Su 1 p.m.-5:45 p.m. (zero-depth and children's area)

Adult admission \$4; discount punch cards for \$30 and contain 36 punches (each equivalent to \$1); 30-day passes can be purchased for \$24 and annual passes for \$186

Carl Knox Natatorium

1901 Louisiana St. (located on the campus of Lawrence High School)
 (785) 832-7946
 M-Th 6:15 p.m.-8:30 p.m. (lap swimming)

Outdoor Aquatic Center

727 Kentucky St.
 (785) 832-7990
 Typically open from Memorial Day weekend to Labor Day

Adult admission \$4; discount punch cards for \$30 and contain 36 punches (each equivalent to \$1); 30-day passes can be purchased for \$24 and annual passes for \$186

South Park Wading Pool

1131 Massachusetts St.
 Typically open from Memorial Day weekend to Labor Day

Parks and Trails**Broken Arrow Park**

2800 Louisiana St.

Playground Equipment, Baseball/Softball Fields, Lighted Horseshoe Courts, Sand Volleyball Courts, Open Space, Tennis Court, 3 Shelters for Rent

Centennial Park

600 Rockledge Rd.

18-Hole Disc Golf Course, Skate Park, Restrooms, Picnic Shelter, Children's Playground Area, Gazebo, Open Areas for Multiple Use, 2 Shelters for Rent

Holcom Park

2601 W 25th St.

Tennis Courts, Wall Handball Courts, Playground Equipment, Sand Volleyball Courts, Basketball Court, Bocce Ball Courts [equipment is available for checkout at the Recreation Center's front desk, call (785) 832-7940], Restroom Facilities, Indoor Recreation Center, Baseball Fields, 1 Shelter for Rent

South Park

1141 Massachusetts St.

Flower Gardens, Butterfly Garden, Playground Equipment, Picnic Tables, 1 Gazebo for Rent

Burcham Park

200 Indiana St.

Playground Equipment, Trail, Open Space, Restroom Facilities, 1 Shelter for Rent

Clinton Lake Outlet Park

1316 E. 902 Rd.

Playground Equipment, Horseshoe Pit, Sand Volleyball Court, Open Space, 2 Shelters for Rent

L.R. “Dad” Perry Park

1200 Monterey Way (western edge)

Basketball Court, Playground Equipment, Sand Volleyball Court, Tennis Court, Access to Trail System, Restroom Facilities, 2 Shelters for Rent

Riverfront Park

Highways 24, 40, and 59, by the Kansas River

18-Hole Disc Golf Course, 10 Miles of Hike/Bike Trails, Off-leash Dog Park, 3 One-Lane Boat Ramps, Picnic Areas, River Outlook Areas

Buford M. Watson Jr. Park

727 Kentucky St.

Basketball Court, Drinking Fountain, Playground Equipment, Lawrence Outdoor Aquatic Center, 1 Gazebo for Rent

Off-leash Dog Parks**Mutt Run Park**

1330 E. 902 Rd.

30+ acre off-leash dog park

To access: take Clinton Parkway west to the Clinton Dam Rd., turn south on the damn road and take the first left onto 902 Rd. Follow 902 Rd. to the first left. The park is at the bend in the road that leads to the north side of the spillway

Dog Park at Riverfront Park

Intersection of North 2nd St. and Highways 24 and 40

See lawrenceks.org/lprd/parks for information on Lawrence’s 25 neighborhood parks

See lawrenceks.org/lprd for trails map

Recreation Centers

Community Building

115 W. 11th St.

(785) 832-7920

M-F 7 a.m.-9 p.m., Sa 10 a.m.-6 p.m., Su 1 p.m.-6 p.m.

Locker/Shower Facilities, Full-Size Gymnasium, Wellness/Weight Room with Cardio Equipment, Dance Studio, Meeting Rooms

East Lawrence Recreation Center

1245 E. 15th St.

(785) 832-7950

M-F 8 a.m.-9 p.m., Sa 10 a.m.-6 p.m., Su 1 p.m.-6 p.m.

Full-Size Gymnasium, Locker/Shower Facilities, Game Area (Billiards, Foosball, Ping-Pong), Wellness/Weight Room with Cardio Equipment, Meeting Room

Holcom Park Recreation Center

2700 W. 27th St.

(785) 832-7940

M-F 7 a.m.-9 p.m., Sa 10 a.m.-6: p.m., Su 1 p.m.-6 p.m.

Full-Size Gymnasium, Combination Racquetball/Handball Court, Locker/Shower Facilities, Game Room (Billiards, Foosball, Air Hockey), Wellness/Weight Room with Cardio Equipment, Meeting Room

Sports Pavilion — Lawrence / Rock Chalk Park

100 Rock Chalk Ln.

(785) 330-7355

M-F 5:30 a.m.-9 p.m., Sa 7 a.m.-6 p.m., Su 1 p.m.-9 p.m.

Admission to Sports Pavilion Lawrence is free for Douglas County Residents.

To validate your Lawrence/Douglas County residency, you need to show proof of residency within Lawrence/Douglas County upon your initial visit to Sports Pavilion Lawrence. Key cards are only issued at Sports Pavilion. One of the following options will be acceptable for validating residency: Driver's license, state-issued ID, current homeowner insurance policy, property tax statement, vehicle registration, or mortgage or lease document from Lawrence or Douglas County. Upon validation, you will receive a key card for access to use the facility. Once a key card has been obtained, admission is free.

Admission for those living outside Douglas County: \$5/day, \$20 monthly pass, \$45 90-day pass, or \$150 annual pass

8 Full-Size Basketball Courts, 16 Full-Size Volleyball Courts, Indoor Soccer/Sports Arena, 1/8-Mile Indoor Walking/Jogging Track, Outdoor Walking/Jogging Trails, Weight Room, Cardio Room, Outdoor Tennis Courts, Meeting Rooms

DMV/Legal Stuff for Cars

Kansas State Driver's License Office ksrevenue.org/vehicle.html

1035 N. 3rd St.
 (785) 843-9593
 T-F 7 a.m.-5:45 p.m. (closed Mondays)

Find documentation needed and the procedure to get a Kansas driver's license at <http://ksrevenue.org/dmvoobtainingdl.html>

Kansas Highway Patrol — VIN Inspection Office

1035 N. 3rd St., Suite 107
 (785) 842-4759
 M-F 7:30 a.m.-3:15 p.m.

Vehicle Identification Number (VIN) Inspections are required in Kansas if:

- A vehicle has a title from a state other than Kansas or a foreign country;
- A vehicle has been assembled, reconstructed, reconstituted or restored from one or more vehicles;
- The proper VIN of a vehicle is in doubt;
- A vehicle is being sold on a bill of sale as an antique and it is a 1950 model year or newer;
- A vehicle is going from a non-highway or salvage title to a formerly non-highway or rebuilt salvage.

This inspection must be completed before the Kansas Department of Revenue will issue a license tag or title for the vehicle.

It is recommended that you call the inspection station prior to arrival. VIN Inspections cost \$20.

Vehicle Registration – New Titles and Tag Renewals

Douglas County Courthouse douglascountyks.org/services/residents/motor-vehicles

1100 Massachusetts St. (first floor)
 (785) 832-5273
 M-F 8 a.m.-5 p.m.

* West Lawrence Office inside Dillons
 3000 W. 6th St.
 T-F 7 a.m.-6 p.m. (closed Mondays)

* Baldwin City Office
 112 8th St.
 Baldwin City, KS 66006
 Open the second full week of each month, M-F 8 a.m.-11 a.m. and 12 p.m.-4 p.m.

* South Lawrence Office
2000 W. 31st St., Ste. B
M-F 8 a.m.-5 p.m.

* For transactions at the satellite offices, there will be a \$2 transaction fee charged.

To renew your vehicle tags, you can do so in person, by mail, or online at <https://www.kdor.ks.gov/apps/webtags/Welcome.aspx>. Please note that there are stipulations for renewing online, including the vehicle must currently be registered in Kansas and you have not moved since your last renewal.

To renew in person, you'll need to bring one of the following: the renewal form sent by the State of Kansas, your current Kansas registration receipt, your license plate number, or your vehicle identification number (VIN). You'll also need proof of current liability insurance from your provider and payment (cash, checks accepted with photo ID, or all major credit/debit cards). A processing fee will be charged for using credit or debit cards.

Voter Registration douglascountyks.org/depts./voting-and-elections/registering-vote-kansas

Online:

kdor.ks.gov/apps/voterreg/

In person:

Print out the Voter Registration Application, complete, sign, and mail or hand deliver to the Douglas County Election Office at 1100 Massachusetts St.

OR fax the completed and signed application to (785) 832-5192

OR scan the completed and signed application to elections@douglas-county.com

Can register to vote when you get a Kansas driver's license

Local News

Television

KMBC 9 News (ABC affiliate) kmbc.com/local-news

KSHB 41 (NBC affiliate) kshb.com

FOX4KC (Fox affiliate) fox4kc.com

KCTV5 (CBS affiliate) kctv5.com

Newspapers

Lawrence Journal-World ljworld.com

Subscription: ljworld.com/subscribe

Kansas City Star kansascity.com

Subscription: kansascity.com/site-services/plus

University Daily Kansan (University of Kansas) kansan.com

Available on campus and online

Websites

Lawrence.com (Food & Drink, Music, Arts & Entertainment) lawrence.com

The Pitch (Food & Drink, Music, Arts & Entertainment) pitch.com

Feast Magazine (Food) feastmagazine.com/the-feed/kansas_city_news

Social Services

Food Pantries

Just Food justfoodks.org

1000 E. 11th St.

(785) 856-7030

M 1 p.m.-6 p.m., T-F 9 a.m.-4 p.m. (closed daily 12 p.m.-1 p.m. and closed 2nd Monday of the month)

Salvation Army lawrence.salvationarmy.us

946 New Hampshire St.

(785) 843-4188

M, T, Th, F 9 a.m.-12 p.m.

Penn House pennhouse-lawrence.org/

1035 Pennsylvania St.

(785) 842-0440

M-F 8 a.m.-4 p.m.

Ballard Community Center ballardcenter.org

708 Elm St.
 (785) 842-0729, ext. 101
 M-F 1 p.m.-5:30 p.m.

ECKAN eckan.org/community_centers/douglas.html

2518 Ridge Ct.
 (785) 841-3357
 M-F 9 a.m.-4 p.m. (closed daily 12 p.m.-1 p.m.)

Heartland Community Health Center heartlandhealth.org

346 Maine St., Suite 150
 (785) 841-7292, ext. 223
 M 1 p.m.-3 p.m. (appointment only), Sa 9 a.m.-12 p.m. (first come, first serve)

For more information on church-run food pantries see justfood.org/resourceguide/.

*Food Stamps, Vouchers Programs***Department for Children and Families (DCF)** dcf.ks.gov

1901 Delaware St.
 (785) 832-3700

Applications available for food stamps, financial assistance for families, medical cards

Women, Infants, and Children (WIC) fns.usda.gov/wic/women-infants-and-children-wic

200 Maine St.
 (785) 856-5350
 M-F 8:30 a.m.-5 p.m. (closed daily 12 p.m.-1 p.m.); office hours of the Lawrence-Douglas County Health Department, of which WIC is a part

Food assistance for pregnant, postpartum, and breastfeeding women, infants and children up to age 5

*Emergency Shelters***Lawrence Community Shelter** lawrenceshelter.org

3655 E. 25th St.
 (785) 832-8864

Salvation Army lawrence.salvationarmy.us

946 New Hampshire St.
(785) 843-4188

Willow Center (women and children under 18; domestic violence shelter) willowdvcenter.org

1920 Moodie Rd.
(785) 331-2034
Crisis hotline: (785) 843-3333

*Clothing Assistance***Goodwill** mokangoodwill.org/locations/goodwill-lawrence

2200 W 31st St.
(785) 331-3908
M-Sa 9 a.m.-9 p.m., Su 11 a.m.-6 p.m.

Salvation Army Thrift Store

1601 W 23rd St., Suite 106
(785) 856-1115
M-Sa 9 a.m.-9 p.m.

Social Services League Thrift Store

905 Rhode Island St.
(785) 843-5414
Tu-Sa 10 a.m.-6 p.m.

*Laundry Facilities***Lawrence Community Shelter** lawrenceshelter.org

3655 E. 25th St.
(785) 832-8864

Shower Facilities

Lawrence Community Shelter lawrenceshelter.org

3655 E. 25th St.
(785) 832-8864

East Lawrence Recreation Center lawrenceks.org/lprd/recreationfacilities/elrc/

1245 E. 15th St.
(785) 832-7950
M-F 8 a.m.-9 p.m., Sa 10 a.m.-6 p.m., Su 1 p.m.-6 p.m.

Holcom Park Recreation Center lawrenceks.org/lprd/recreationfacilities/hprc/

2700 W. 27th St.
(785) 832-7940
M-F 7 a.m.-9 p.m., Sa 10 a.m.-6 p.m., Su 1 p.m.-6 p.m.

Housing Assistance

Lawrence-Douglas County Housing Authority ldcha.org

1600 Haskell Ave.
(785) 842-8110; housing@ldcha.org
M-Th 8 a.m.-4 p.m., F 8 a.m.-1 p.m. (walk-ins)
M-F 8 a.m.-5 p.m. (by appointment)

Lawrence Family Promise lawrencefamilypromise.org

(785) 764-9506

Salvation Army lawrence.salvationarmy.us

946 New Hampshire St.
(785) 843-4188

Heartland Community Health Center heartlandhealth.org

346 Maine St., Suite 150
(785) 841-7297; info@heartlandhealth.org
M 8 a.m.-5 p.m., Tu & Th 8 a.m.-7 p.m., W 8 a.m.-12 p.m. and 2 p.m.-5 p.m., F 8 a.m.-3 p.m.

Penn House (Emergency Services Council) pennhouse-lawrence.org/

1035 Pennsylvania St.
(785) 842-0440
M-F 8 a.m.-4 p.m.

Utilities Assistance

Warm Hearts (Black Hills Energy customers)
warmheartsofdouglascounty.com/how-to-request-assistance/

Applications are available at the Ballard Center, ECKAN, Penn House, and the Salvation Army

Project Deserve (Westar Electricity customers) westarenergy.com/project-deserve-assistance

Center of Hope determines eligibility: (316) 219-2121

For other social services, see justfoodks.org/resourceguide/

LIVING

Apartments

The Connection at Lawrence connectionatlawrence.com

Leasing Office:
3100 Ousdahl Rd.
(785) 842-3336
M-F 9 a.m.-7 p.m., S 10 a.m.-5 p.m., Su 12 p.m.-5 p.m.

1- to 4-Bedroom Apartments, Fully Furnished, Free Internet, Washer and Dryer, Allows Pets, On-Site Fitness Center, Outdoor Swimming Pool, Bus Service

Remington Square remington-square.com

Leasing Office:
4100 W 24th Place, Suite A
(785) 856-7792
M-F 8 a.m.-5 p.m. (closed 12 p.m.-1 p.m. for lunch)
remington@hallequitiesgroup.com

Studio Apartments, On-Site Laundry Facility, Snow Removal, Allows Pets, On-Site Fitness Center, Outdoor Swimming Pool

Meadowbrook Apartments meadowbrookapartments.net

Leasing Office:

2601 Dover Square

(785) 842-4200

M-F 8 a.m.-5:30 p.m., Sa 10 a.m.-4 p.m.

info@meadowbrookapartments.net

Studio to 4-Bedroom Apartments, On-Site Fitness Center, Outdoor Pool, Allows Pets

Apartments, Helpful Websites

apartments.com/lawrence-ks

zillow.com/lawrence-ks/apartments

apartmentguide.com/apartments/kansas/lawrence

apartments.lawrence.com

forrent.com/find/ks/metro-kansas+city/lawrence

Dining

American/Breweries

Leeway Franks www.leewayfranks.com/

935 Iowa St.

(785) 856-0890

T-Sa 11 a.m.-8 p.m. (closed Su and M)

Haskell graduate-owned business!

Free State Brewing Company freestatebrewing.com

636 Massachusetts St.

(785) 843-4555

M-Sa 11 a.m.-12 a.m., Su 12 p.m.-11 p.m.

The Burger Stand at The Casbah burgerstandrestaurants.com

803 Massachusetts St.
 (785) 856-0543
 Daily 11 a.m.-1 a.m.

Dempsey's Burger Pub dempseysburgerpub.com

623 Vermont St.
 (785) 856-5460
 Daily 11 a.m.-2 a.m.

23rd Street Brewery brew23.com

3512 Clinton Parkway
 (785) 856-2337
 Daily 11 a.m.-12 a.m.

Bigg's BBQ biggsribs.com

2429 Iowa St.
 (785) 856-2550
 M-Sa 11 a.m.-10 p.m., Su 11 a.m.-9 p.m.

*Asian***Bay Leaf Indian Restaurant & Bar** bayleaflawrence.com/

947 New Hampshire St., Ste. 120
 (785) 840-0855
 Lunch buffet Tu-Su 11 a.m.-2:30 p.m.; Dinner Tu-Th 5 p.m.-9:30 p.m., F-Su 5 p.m.-10 p.m.

Can order online

Encore Café

1007 Massachusetts St.
 (785) 856-3682
 M-Th 11:30 a.m.-10 p.m., F-Sa 11:30 a.m.-10 p.m., Su 11:30 a.m.-10 p.m.

India Palace indiapalacelawrenceka.com

129 E 10th St.
 (785) 331-4300

Delivery: M-Su 5 p.m.-9 p.m.; Takeout M-Su 11:30 a.m.-2:15 p.m. and 5 p.m.-9:45 p.m.

Can order online

Jade Garden jadegardenonline.com

1410 Kasold Dr.
 (785) 841-7096

M 11 a.m.-10 p.m., Tu-Sa 11 a.m.-12 a.m., Su 11 a.m.-12 a.m.

Thai Siam

601 Kasold Dr. (Westridge Shopping Center)
 (785) 331-2525

M-Sa 11:30 a.m.-3 p.m. and 5 p.m.-10 p.m.

Little Saigon Café littlesaigonlawrence.com

1524 W 23rd St.
 (785) 856-8010

T-Sa 10 a.m.-8 p.m.

Zen Zero zen-zero.com

811 Massachusetts St.
 (785) 832-0001

Su-M 11 a.m.-9 p.m., Tu-Sa 11 a.m.-10 p.m.

*Latin American/Mexican***Cielito Lindo** cielitolindolawrence.com/30314

815 New Hampshire St.
 (785) 832-1545

M-Th 11 a.m.-8:30 p.m., F-Su 12 p.m.-9:30 p.m.

Can order online

La Parilla laparrillaks.com/lawrence

724 Massachusetts St.
(785) 841-1100
Su-M 11 a.m.-9 p.m., Tu-Th 11 a.m.-10 p.m., F-Sa 11 a.m.-11 p.m.

Global Café globalcafelawrence.com

820 Massachusetts St.
(785) 838-4600
Daily 7 a.m.-2 p.m.

Mi Ranchito miranchitokc.com/about-us/locations/Lawrence

707 W. 23rd St.
(785) 749-5600
Su-Th 11 a.m.-10 p.m., F-Sa 11 a.m.-11 p.m.

Tres Mexicanos

1800 E. 23rd St.
(785) 830-8415
M-Sa 11 a.m.-10 p.m., Su 11 a.m.-9 p.m.

Tortas Jalisco tortasjalisco.com/

534 Frontier Rd.
(785) 865-1515

El Potro elpotrok.com/

3333 Iowa St.
(785) 331-2500
M-Th 11 a.m.-9 p.m., F 11 a.m.-10 p.m., Sa 7 a.m.-10 p.m., Su 7 a.m.-9 p.m.

Mexquisito mexquisito.com

712 Massachusetts St.
(785) 856-8226
Su-Th 11 a.m.-9 p.m., F-Sa 11 a.m.-10 p.m.

Pizza/Italian

Limestone limestonepkb.com

814 Massachusetts St.
 (785) 856-2825
 M-Th 11 a.m.-9 p.m., F-Sa 11 a.m.-10 p.m., Su 12 p.m.-8 p.m.

Minsky's Pizza minskys.com/lawrence/

934 Massachusetts St.
 (785) 856-5252
 Su-Th 11 a.m.-10 p.m., F-Sa 11 a.m.-12:30 a.m.

Genovese genoveseitalian.com

941 Massachusetts St.
 (785) 842-0300
 M 11 a.m.-9 p.m., Tu-Sa 11 a.m.-10 p.m., Su 8 a.m.-9 p.m.

715 715mass.com

715 Massachusetts St.
 (785) 856-7150
 M-F 11 a.m.-10:30 p.m., Sa-Su 9 a.m.-10:30 p.m.

Good for special occasions. Uses locally grown and sourced ingredients and features a season menu.

Morningstar's NY Pizza morningstarsnypizza.com/

4931 W. 6th St.
 (785) 856-6973
 M-Sa 11 a.m.-9 p.m., Su 11 a.m.-8 p.m.

Cafes/Bakeries

Alchemy Coffee and Bake House alchemyks.com

1901 Massachusetts St.
 (785) 424-4546 (coffee & shop) and (785) 550-5619 (bakery)
 M-Sa 7 a.m.-7 p.m., Su 8 a.m.-7 p.m.

Aimee's Cafe and Coffeehouse aimeescoffeehouse.com

1025 Massachusetts St.
 (785) 843-5173
 M-Sa 8 a.m.-10 p.m., Su 8 a.m.-3 p.m.

Decade decadelawrence.com

920 Delaware St.
 (785) 550-7944
 M-Th 6:30 a.m.-8 p.m., F 6:30 a.m.-10 p.m., Sa-Su 7:30 a.m.-10 p.m.

Global Café globalcafelawrence.com

820 Massachusetts St.
 (785) 838-4600
 Daily 7 a.m.-2 p.m.

The Bourgeois Pig

6 E 9th St.
 (785) 843-1001
 Daily 7 a.m.-2 a.m.

Coffee during the day; also a bar

Wheatfields Bakery Café wheatfieldsbakery.com

904 Vermont St.
 (785) 841-5553
 M-F 6:30 a.m.-8 p.m., Sa 6:30 a.m.-6:30 p.m., Su 7:30 a.m.-4 p.m.

Great Harvest Bread Company greatharvest.com

807 Vermont St.
 (785) 749-2227
 M-Sa 7 a.m.-7 p.m., Su 7 a.m.-5 p.m.

Muncher's Bakery

925 Iowa St.
 (785) 749-4324
 Open 24/7

Juice Stop juicestopcafe.com

812 Massachusetts St.

(785) 331-0820

M-F 8 a.m.-7 p.m., Sa 9 a.m.-7 p.m., Su 10 a.m.-6 p.m.

4821 W 6th St.

(785) 749-2670

M-F 7 a.m.-8 p.m., Sa 9 a.m.-8 p.m., Su 10 a.m.-6 p.m.

3514 Clinton Parkway

(785) 331-3300

M-F 7 a.m.-8 p.m., Sa 9 a.m.-8 p.m., Su 10 a.m.-6 p.m.

*Other***Merchants Pub & Plate** merchantsonmass.com

746 Massachusetts St.

(785) 843-4111

M-Th 11 a.m.-12 a.m., F-Sa 11 a.m.-2 a.m., Su open for brunch at 10 a.m.

Ladybird Diner ladybirddiner.com

721 Massachusetts St.

(785) 856-5239

M-Th 7 a.m.-3 p.m. (full menu) and 3 p.m.-8 p.m. (Hap-pie hour), F-Sa 7 a.m.-10 p.m., Su 7 a.m.-3 p.m.

Diner favorites such as burgers, shakes, homemade pie and doughnuts, Midwestern comfort food

Terrebonne Café

805 Vermont St.

(785) 856-3287

M-Sa 11 a.m.-9 p.m.

Po-Boys; creole food

Ingredient

945 Massachusetts St.

(785) 832-0100

M-Th 11 a.m.-9 p.m., F 11 a.m.-10 p.m., Sa 7:30 a.m.-10 p.m., Su 7:30 a.m.-9 p.m.

Salads, sandwiches, burgers, pizzas

RND Corner Grille rndcornergrille.com

801 Massachusetts St.
 (785) 856-2170
 M-Th 4 p.m.-9 p.m., F-Sa 11 a.m.-10 p.m., Su 10:30 a.m.-9 p.m.

Good for special occasions

Mad Greek Restaurant

907 Massachusetts St.
 (785) 843-2441
 Su-W 11 a.m.-9:30 p.m., Th-Sa 11 a.m.-10 p.m.

The Roost 920mass.com

920 Massachusetts St.
 (785) 843-1110
 Open daily 7 a.m.-3 p.m.

Great for breakfast/brunch

TEN at the Eldridge Hotel eldridgehotel.com/dining-service/ten

701 Massachusetts St.
 (785) 749-1005
 Breakfast: Daily 7 a.m.-11 a.m.
 Lunch: 11 a.m.-2 p.m.
 Dinner: M-W 5 p.m.-10 p.m., Th-Sa 5 p.m.-11 p.m., Su 5 p.m.-9 p.m.
 Brunch buffet on Sunday: 9 a.m.-2 p.m.

Good for special occasions

Sylas and Maddy's Homemade Ice Cream sylasandmaddysicecream.com

1014 Massachusetts St.
 (785) 832-8323
 M-Th 12 p.m.-10 p.m., F-Sa 12 p.m.-11 p.m., Su 12:30 p.m.-10 p.m.

Native American Churches and Organizations

Haskell Catholic Center haskellcatholic.com/

2301 Barker Ave.

(785) 842-2401

katerihcsc@gmail.com

M 10 a.m.-3 p.m., Tu 10 a.m.-4:30 p.m., W 12 p.m.-4:30 p.m. and 6 p.m.-9 p.m. for beading and quilting with potluck dinner, Th 10 a.m.-4:30 p.m., F 12 p.m.-4:30 p.m., Su 9 a.m.-2 p.m., Mass at 11:30 a.m. with meal following

Haskell Native American Church Club facebook.com/HaskellNativeAmericanChurchClub/

The mission of the Native American Church Club of Haskell is to encourage understanding of the peyote as medicine through oral tradition, philosophy and belief. The historical knowledge will be used as a tool to promote leadership, teamwork, self-awareness and spiritual wellness to individuals involved. In connection with the spiritual code of ethics of the Native American Church Haskell NAC will follow and strive to protect, preserve and honor the philosophies of our elders regarding the peyote medicine, we will establish a balance of body, mind, and spirit to support the foundation of a successful life and educational experience for our future endeavors.

Kansas-Haskell Light (Lutheran Indian Ministries) lutheranindianministries.org/haskell/

Lawrence Indian United Methodist Church

950 E. 21st St.

(785) 832-9200

Sunday school Su 10 a.m., worship service at 11 a.m.

Bible study Th 7 p.m. (potluck at 6:30 p.m.)

Indian taco sales one Friday per month, beginning at 11 a.m. until sold out.

Morris Baptist Center friendsofcma.org/sample-page/haskell-indian-nations-university/

146 Indian Ave.

(785) 841-7355

Entertainment

Book stores

Raven Bookstore ravenbookstore.com

6 E. 7th St.
 (785) 749-3300
 M-Sa 9 a.m.-8 p.m., Su 12 p.m.-5 p.m.

The Dusty Bookshelf thedustybookshelf.com

708 Massachusetts St.
 (785) 749-4643
 M-Th 10 a.m.-8 p.m., F-Sa 10 a.m.-10 p.m., Su 12 p.m.-6 p.m.

Concert venues

Liberty Hall libertyhall.net

644 Massachusetts St.
 (785) 749-1972
 M-Sa 11 a.m.-10 p.m., Su 12 p.m.-10 p.m. (cinema and box office)

Also has a video rental store and a movie theater

Granada thegranada.com

1020 Massachusetts St.
 (785) 842-1390

The Jazzhaus jazzhaus.com

926 ½ Massachusetts St.
 (785) 749-3320
 M-Sa 8 p.m.-2 a.m.

Jackpot Music Hall jackpotlawrence.com

943 Massachusetts St.
 (785) 832-1085

The Bottleneck thebottlenecklive.com

737 New Hampshire St.
 (785) 841-5483 (bar information) and (785) 749-3434 ext. 3 (ticketing support)

*Movie theaters***Liberty Hall** libertyhall.net

644 Massachusetts St.
 (785) 749-1972
 M-Sa 11 a.m.-10 p.m., Su 12 p.m.-10 p.m. (cinema and box office)

Regal Southwind Stadium 12 regmovies.com/theatres/theatre-folder/regal-southwind-stadium-12-1300

3433 Iowa St.
 (844) 462-7342 ext. 1474

*Other entertainment***Royal Crest Lanes** (bowling) royalcrestlanes.com

933 Iowa St.
 (785) 842-1234
 M-Th 10 a.m.-12 a.m., F-Sa 10 a.m.-1 a.m., Su 10 a.m.-1 a.m. (must be 18 and older after 10 p.m.)

Breakout Lawrence (room escape games) breakoutlawrence.com

727 Massachusetts St.
 (785) 422-5625
 M-W 12 p.m.-9 p.m., Th-F 12 p.m.-10 p.m., Sa 10:30 a.m.-10:30 p.m., Su 12 p.m.-10:30 p.m.

Washington Creek Lavender (seasonal) washingtoncreeklavender.com

858 E. 800 Rd.
 (785) 748-0678
 Seasonal; check the website or call (full bloom is usually in July or thereabouts)

See Lawrence.com for local events, including trivia nights, festivals, performances, and more

Grocery stores

Aldi aldi.us/en/

3025 Iowa St.
M-Sa 9 a.m.-8 p.m., Su 10 a.m.-6 p.m.

Checkers checkersfoods.com

2300 Louisiana St.
(785) 843-0023
Open 24/7

Dillons dillons.com

3000 W. 6th St.
(785) 843-0652
Open 24/7

1740 Massachusetts St.
(785) 842-2942
M-Su 6 a.m.-12 a.m.

1015 W. 23rd St.
(785) 841-3366
M-Su 6 a.m.-12 a.m.

4701 W. 6th St.
(785) 838-0100
M-Su 6 a.m.-12 a.m.

All locations offer a pharmacy, money services, and a Starbucks

Hy-Vee hy-vee.com

4000 W. 6th St.
(785) 832-9449
Open 24/7

3504 Clinton Parkway
(785) 832-0044
Open 24/7

Both locations include a pharmacy and a gas station

Merc Co+op themerc.coop

901 Iowa St.
(785) 843-8544
Daily 7 a.m.-10 p.m.

Sprouts sprouts.com

4740 Bauer Farm Dr.
(785) 727-7314
Daily 7 a.m.-10 p.m.

Target target.com

3201 Iowa St.
(785) 832-0660
M-Th 8 a.m.-10 p.m., F-Su 8 a.m.-11 p.m.

Walmart walmart.com

3300 Iowa St.
(785) 841-1700
Open 24/7

Banks**Bank of America Branch** www.bankofamerica.com

900 Ohio St.
(785) 842-1000
M-F 9 a.m.-5 p.m., Sa 9 a.m.-12 p.m.

Bank of America ATMs

1301 Jayhawk Blvd. (University of Kansas Student Union)

3514 Clinton Parkway (Parkway Shopping Center)

\$ Capital City Bank www.capcitybank.com/

740 New Hampshire St.

(785) 330-1200

M-F 8 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby) and 8:30 a.m.-12 p.m. (drive thru)

4000 W. 6th St. (inside HyVee)

(785) 330-1200

M-F 9 a.m.-7 p.m., Sa 9 a.m.-3 p.m., and Su 12 p.m.-3 p.m.

4505 W. 6th St.

(785) 330-1200

M-F 9 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby) and 9 a.m.-12 p.m. (drive thru)

ATMs located at all locations

\$ = Free checking with some restrictions

\$ Capitol Federal Savings capfed.com/

1025 Iowa St.

(785) 749-9011

M-Th 9 a.m.-4 p.m. (lobby) and 8:30 a.m.-5:30 p.m. (drive thru), F 9 a.m.-6 p.m. (lobby) and 8:30 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby and drive thru)

3201 Iowa St. (inside Target)

(785) 749-9150

M-F 10 a.m.-7 p.m., Sa 10 a.m.-4 p.m., Su 10 a.m.-2 p.m.

4701 W. 6th St. (inside Dillons)

(785) 749-9154

M-F 10 a.m.-7 p.m., Sa 10 a.m.-4 p.m., Su 10 a.m.-2 p.m.

1046 Vermont St.

(785) 749-9106

M-Th 9 a.m.-4 p.m. (lobby) and 8:30 a.m.-5:30 p.m. (drive thru), F 9 a.m.-6 p.m. (lobby) and 8:30 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby and drive thru)

ATMs available at all locations and inside Walgreens:

400 W. 23rd St.

3421 W. 6th St.

\$ = Free checking

Central Bank of the Midwest centralbank.net

1444 Kasold Dr.

(785) 865-1017

M-F 9 a.m.-5 p.m. (lobby) and 8:30-5:30 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby and drive thru)

4340 W. 6th St.

(785) 865-7630

M-F 9 a.m.-5 p.m. (lobby) and 8:30-5:30 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby and drive thru)

711 W. 23rd St.

(785) 865-1069

M-F 9 a.m.-5 p.m. (lobby) and 8:30-5:30 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby and drive thru)

300 W. 9th St.

(785) 865-1000

M-F 9 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (drive thru)

3101 Iowa St.

(785) 865-7610

M-F 9 a.m.-5 p.m. (lobby) and 8:30-5:30 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby and drive thru)

Central Bank of the Midwest is in Missouri and Kansas only

Central National Bank centralnational.com/

3140 Neider Rd.

(785) 838-1960

M-F 9 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby and drive thru)

603 W. 9th St.

(785) 838-1970

M-F 9 a.m.-4 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby and drive thru)

3300 S. Iowa St.

(785) 842-3520

M-F 10 a.m.-7 p.m., Sa 10 a.m.-4 p.m., Su 11 a.m.-3 p.m.

711 Wakarusa Dr.

(785) 838-1893

M-F 9 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby and drive thru)

ATMs available at all locations

\$ Commerce Bank Branches commercebank.com

1301 Jayhawk Blvd. (University of Kansas Student Union)
(800) 453-2265
M-F 8:30 a.m.-4:30 p.m.

955 Iowa St.
(800) 453-2265
M-F 8:30 a.m.-5 p.m. (lobby) and 7:30 a.m.-6 p.m. (drive thru), Sa 8:30 a.m.-12 p.m. (lobby & drive thru)

3000 W. 6th St. (inside Dillons)
(800) 453-2265
M-F 9 a.m.-7 p.m., Sa 9 a.m.-3 p.m., Su 11 a.m.-3 p.m.

1015 W. 23rd St.
(800) 453-2265
M-F 9 a.m.-7 p.m., Sa 9 a.m.-3 p.m., Su 11 a.m.-3 p.m.

1500 Wakarusa Dr.
(800) 453-2265
M-F 8:30 a.m.-5 p.m. (lobby) and 7:30 a.m.-6 p.m. (drive thru), Sa 8:30 a.m.-12 p.m. (lobby & drive thru)

Commerce Bank ATMs

801 Massachusetts St.

325 Maine St. (Lawrence Memorial Hospital)

1445 Jayhawk Blvd. (Wescoe Hall)

1470 Watkins Center Dr. (KU Student Recreation Center)

1530 Engel Rd. (Lewis Hall)

3504 Clinton Parkway (Hy-Vee)

\$ Emprise Bank www.emprisebank.com/

1121 Wakarusa Dr.
(785) 383-4301
M-F 8:30 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 8:30 a.m.-12 p.m. (lobby and drive thru)

ATM on site

\$ = Free checking

\$ First State Bank & Trust Co. firststateks.com

609 Vermont St.
(785) 749-0400
M-F 9 a.m.-5 p.m. + ATM

3901 W. 6th St.
(785) 749-0400
M-F 9 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby) and 8 a.m.-12 p.m. (drive thru)

ATMs located at both branches

\$ = Free checking

\$ Great American Bank (formerly Lawrence Bank) www.lawrencebank.com/

Main Branch – West Lawrence
3500 Clinton Pkwy.
(785) 838-9704
M-F 9 a.m.-5 p.m. (lobby) and 8 a.m.-6 pm. (drive thru), Sa 9 a.m.-12 p.m. (lobby) and 8 a.m.-12 p.m. (drive thru)

888A New Hampshire St.
(785) 838-9704
M-F 9 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby) and 8:30 a.m.-12 p.m. (drive thru)

ATMs located at both branches

\$ = Free checking

\$ Landmark National Bank www.banklandmark.com/

2710 Iowa St.
(785) 841-6677
M-F 9 a.m.-5 p.m. (lobby) and 8:30 am.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby and drive thru)

4621 W. 6th St.
(785) 838-9400
M-F 9 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby and drive thru)

ATMs located at both branches

\$ = Free checking

Mid-America Bank www.mid-america.com/

4114 W. 6th St.
 (785) 841-8055
 M-F 9 a.m.-5 p.m. (lobby) and 7:30 a.m.-6 p.m. (drive thru)

Peoples Bank (to change to Bank Midwest in early 2018) www.bankingunusual.com/

4831 W. 6th St.
 (785) 842-4300
 M-F 8 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 8 a.m.-12 p.m. (drive thru only)

3045 Iowa St.
 (785) 842-5566
 M-F 8 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 8 a.m.-12 p.m. (drive thru only)

745 New Hampshire St.
 (785) 830-4725
 M-F 9 a.m.-5:30 p.m. (lobby only; no drive thru)

ATMs located at all branches

\$ Sunflower Bank www.sunflowerbank.com

643 Massachusetts St., Ste. 202
 (785) 312-7274
 M-F 8 a.m.-5 p.m.

4831 Quail Crest Pl.
 (785) 312-7213
 M-F 8 a.m.-6 p.m. (lobby and drive thru), Sa 8 a.m.-12 p.m. (lobby and drive thru)

ATM available

\$ = Free checking

\$ Truicity Credit Union truitycu.org

1300 W. 23rd St.
 (800) 897-6991
 M-F 9 a.m.-5:30 p.m. (lobby) and 8:30 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby and drive thru)

2221 W. 31st St.
 (800) 897-6991
 M-F 9 a.m.-5:30 p.m. (lobby) and 8:30 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby and drive thru)

\$ = Free checking

\$ University National Bank www.unbank.com/

1400 Kasold Dr.

(785) 841-1988

M-F 9 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby) and 8:30 a.m.-12 p.m. (drive thru)

\$ = Free Easy Green Checking and Basic Checking options (must meet requirements)

\$ U.S. Bank Branches usbank.com

900 Massachusetts St.

(785) 865-0200

M-F 8:30 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby) and 8 a.m.-12 p.m. (drive thru)

3500 W. 6th St.

(785) 312-5060

M-F 8:30 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby) and 8 a.m.-12 p.m. (drive thru)

1600 E. 23rd St.

(785) 842-3164

M-F 8:30 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby) and 8 a.m.-12 p.m. (drive thru)

1807 W. 23rd St.

(785) 312-6880

M-F 8:30 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby) and 8 a.m.-12 p.m. (drive thru)

2701 Iowa St.

(785) 312-5280

M-F 8:30 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), Sa 9 a.m.-12 p.m. (lobby) and 8 a.m.-12 p.m. (drive thru)

\$ U.S. Bank ATMs

1035 N. 3rd St. (I-70 Business Center)

647 Massachusetts St. (Fritzel Office Building)

1301 Jayhawk Blvd. (University of Kansas Student Union)

3530 W. 22nd St.

\$ = Free checking for students ages 24 and younger. Must have \$25 to open the account. Paper statements are \$2/month.

\$ University National Bank unbank.com

1400 Kasold Dr.

(785) 841-1988

M-F 9 a.m.-5 p.m. (lobby) and 8 a.m.-6 p.m. (drive thru), and Sa 9 a.m.-12 p.m. (lobby) and 8:30 a.m.-12 p.m. (drive thru)

\$ = Easy Green Checking is free with a few restrictions.

Transportation

City of Lawrence Transit (“The T”) lawrencetransit.org

(785) 864-4644

info@lawrencetransit.org

Lawrence’s citywide bus system partners with the KU bus system. Passengers will be allowed to board or exit a vehicle at any marked bus stop. Bus stops are identified with blue signs. If there is no sign along a route, the bus can be waved down. The bus will stop only at designated stops (with signs or shelters) on 6th, 9th, 23rd, and Iowa streets, Naismith Drive and on the KU campus.

KU students ride free with valid student ID. *NOTE: Like the KU bus service, The T does not run on Sundays.*

Website has information on routes and times, fares, ADA services, and also has mobile tools and a trip planning tool

Greyhound Bus locations.greyhound.com/bus-stations/us/kansas/lawrence/bus-station-600270

6 E. 6th St. (Riverfront Parking Structure)

(800) 231-2222

Bus station: Open 24/7

Online ticket sales only

Amtrak amtrak.com

413 E. 7th St. (Station Building)

Southwest Chief Line (Chicago-Albuquerque-Los Angeles)

Daily 12 a.m.-12:15 a.m. and 5:15 a.m.-6:15 a.m. and 11:15 p.m.-11:59 p.m.

Uber and Lyft operate in Lawrence

Utilities

Gas

Black Hills Energy blackhillsenergy.com

(888) 890-5554
M-F 8 a.m.-7:30 p.m.

Can stop and start service, pay, and report problems online

Electricity

Westar Energy westarenergy.com

(800) 383-1183
M-F 7 a.m.-6 p.m.

Can start and stop service, pay, and report problems online

Internet/cable/land line phone

AT&T U-verse att.com/local/kansas/lawrence/

(844) 723-0252

AT&T Store:
3310 Iowa St., Suite A
(785) 832-2700

Midco midco.net/

New service and installations: (800) 888-1300
Service (general questions, billing, technical support): (800) 888-1300

Midco Office:
One Riverfront Plaza, Suite 301
M-F 8 a.m.-6 p.m.
Sa 9 a.m.-1 p.m.

Water/sewer/trash/recycling

City of Lawrence Utilities lawrenceks.org/utilities

24/7 Customer Service (not billing): (785) 832-7800

Billing: (785) 832-7878

Can start, stop, or transfer service at lawrenceks.org/utility-billing/service_request/start_stop_transfer/

Post Office/Shipping

United States Postal Service Offices usps.com

645 Vermont St.

(785) 843-1681

M-F 8 a.m.-5 p.m., Sa 9 a.m.-12 p.m. (Retail hours)

M-F 9 a.m.-12 p.m. and 1 p.m.-3:45 p.m. (Passport photo hours)

1901 W. 31st St.

(785) 843-2330

M-F 8:30 a.m.-5:30 p.m., Sa 9 a.m.-12 p.m. (Retail hours)

FedEx fedex.com/us

725 N. 2nd St. (Copy, print, and ship)

(785) 856-2679

M-F 8 a.m.-6 p.m.

911 Massachusetts St. (Print and ship)

(785) 843-8019

M-F 7 a.m.-11 p.m., Sa 8 a.m.-9 p.m., Su 9 a.m.-9 p.m.

See website for drop box locations

UPS ups.com

4000 W. 6th St.

(785) 856-0707

M-F 8 a.m.-7 p.m., Sa 10 a.m.-4 p.m.

See website for drop box locations